

Psychodrama Institute of Melbourne



2017 Training Program



Training in Psychodrama, Sociometry, Role Training, Sociodrama,
Role Theory and Group Work

CONTENTS

The Psychodrama Institute of Melbourne	3
The Training Program	
Methodology and Training Activities	
Practitioner and Supervision Groups	
Description of Curricula	4
Training Groups	
Practicums, Supervision, Personal and Professional Development	
Individual Psychotherapy and Counselling	
Training Program Details: Terms, Dates & Times	
Level 1: Wednesday Evenings	5
Level 2/3: Tuesday Evenings	6
Level 2/3: Thursday Evenings	7
2017 Calendar of Events	8-12
Workshops & Conference:	
Dreaming the Dream: February	
Introduction to Psychodrama: April	
2-Day Conference: Islands in the Stream: Building Bridges: May	11
Training for Trainers Weekend: May	
Time's Distorted Mirror: Using Psychodrama to Work with Offenders and People at Risk of Offending: May	
Role Training Workshop: July	
4-Day Psychodrama Intensive: Releasing from the Chrysalis: October	
Introduction to Psychodrama: October	
Other Groups and Activities:	10 & 12
Ongoing Supervision Group - Friday mornings - monthly	
Monthly Friday Lunchtime Reading Group	
Peer Practitioner Groups: Wednesday evening & 2 Friday mornings	
The Theatre of Spontaneity – Dates for 2017	
Personal & Professional Development Workshops	
Counselling and Psychotherapy Sessions	
The PIM Faculty	13-14
Visiting Teachers & Conference Presenters	
Moreno Psychodrama Society (MPS)	15
Australian and Aotearoa Board of Psychodrama (ABP)	
Other Training Information	16
Qualification for Admission, Assessment and Accreditation	
Applications, Fees, Venue and Postal Address	
Enrolment Form	17-18
Applicant's Details	

The Psychodrama Institute of Melbourne

The Psychodrama Institute of Melbourne (PIM) provides training, supervision and professional and personal development courses in group leadership, psychotherapy, counselling, staff development and organisational consultancy. The institute has at its core the sociometric principles of the founders of psychodrama, Dr. J. L. Moreno (1889-1974) and Zerka T. Moreno (1917-2016). The Director of PIM is Sue Daniel.

The Training Program

The aim of the training is to develop theoretical knowledge and practical ability in the methods of psychodrama, sociometry, sociodrama, role training and group work through informal lectures, supervision, reading, writing and supervised practice in open and closed groups. The training is designed for people working or studying in such fields as psychology, psychiatry, psychotherapy, social work, education, welfare, the arts, health, counselling, organisational and staff development and pastoral care. Our training program includes ongoing group sessions on a four-term basis, weekend and day workshops, seminars, individual and small group supervision and other activities offered by the Moreno Psychodrama Society (MPS).

Methodology: The experiential method interwoven with theoretical knowledge is at the core of the program. This method involves trainees actively experiencing the emotional and sensory impact associated with participation and involvement in a situation, while experiencing full intellectual functioning. Role evaluation and group interaction are all part of the learning process. While psychodrama techniques and theory are integral to the training process other creative methods may also be employed.

Training Activities

Training generally begins with Level 1 (1 year), followed by Level 2 (2 years) and then Level 3 (2 years). This ongoing training is held over 4 terms each year and includes workshops, seminars, peer meetings, writing and one-to-one supervision. Trainees are encouraged to apply their new learning between terms as this contributes richly to their growth. We expect trainees to be self-motivated, keep a journal and to recognise their strengths and growing edges as the learning proceeds. One-to-one supervision is a requirement and additional fees apply for these sessions. The May conference and 4-Day Psychodrama Intensive in October and many other workshops are open to trainees, practitioners and other professional people interested in the diverse applications of the psychodrama method. Professional Development points may be claimed in most fields of work.

Peer Practitioner and Supervision Groups

The *Peer Practitioner Groups* are held monthly and are designed for accredited practitioners and those advanced trainees who want to further develop their expertise in individual counselling, psychotherapy, leadership and group work with likeminded peers. The structure of these groups and the *Supervision Group* allow for a small group supervision process. These professional development sessions provide an in-depth focus on aspects of practice, philosophy and theory as well as a participant's functioning as a group leader or one-to-one practitioner.

Description of Curricula

The training program for 2017 includes the essentials of psychodrama theory and practice and its practice in diverse cultures and settings. Knowledge and application of role theory, surplus reality, psychodramatic techniques, sociometry, sociodrama and role training are covered. To encourage a full experience of the method, the training groups may sometimes be made up of participants from all levels. This structure exposes new and advanced trainees to a rich experience of the method including learning about group dynamics and processes making the training very lively. Trainees are taught directing, role analysis, group leadership and auxiliary skills through coaching and supervised practice. Trainees who apply their learning in their workplace must have regular and ongoing supervision and each trainee's unique expression will be encouraged. This process of training equips trainees in the greater application of the psychodramatic method for their work and life.

Creativity and spontaneity is at the heart of the psychodrama process and all trainees are expected to take the initiative in their development. It is expected that trainees will attend all sessions of their training group and activities of the Moreno Psychodrama Society. There is also some written work. At the end of the first year, a reflection piece is required. We expect that after two years of training, trainees will be thinking and preparing a paper on the practical application of an aspect of the method or a social and cultural atom paper. By the fourth year, most trainees will create a project or prepare their major paper on an area of interest or their application of the method in their field of work. Trainees must have run a group by the end of the full training program and have ongoing one to one supervision. The ability to work independently and develop a clear identity is a significant factor in completing the full program. Peer group sessions and small group supervision groups assist trainees to work creatively and effectively.

Practicum for Psychodrama Directorship:

Trainees who have completed two papers or 1 paper and a project or thesis and who have a minimum of 800 training hours; 100 of which comprise at least 50 hours of one-to-one supervision and 50 hours of small group supervision, may, after consultation with their primary trainer, supervisor and training group, apply in writing to the Australian and Aotearoa Board of Psychodrama to do their practicum.

Supervision: Ongoing one to one supervision is a requirement for all trainees applying the method in their workplace and attendance in a peer group counts for group supervision.

Personal and Professional Development Groups: These psychodrama groups are open for anyone who wishes to explore and enter into new and vital ways of living. Trainees may want to avail themselves of some extra role development in a therapeutic environment and to practice their auxiliary skills.

Individual Psychotherapy and Counselling:

Sessions for individuals, couples, children and families are by appointment. Contact the office (0410 536 791) or the individual practitioners (see page 12 for details).

Training Program 2017

Level 1 - Wednesday Evening Training Group (plus your choice of additional workshops and events)

Term 1: 6 Wednesday evenings, 1 Friday evening and 1 Saturday

Opening Session: Friday, 24 February, from 7.30 – 10.30 p.m (for all trainees and guests).

Commencing on Wednesday 1 March from 7.30 – 10.30 p.m and continuing 8, 15, 22 & 29 March & 5 April plus Saturday, 25 March from 10.00 a.m – 5.30 p.m.

Fee: \$560.00 (Application form with deposit, \$50.00 or full payment is due by Friday, 3 Feb.)

February Workshop: Sunday, 26 February, **Dreaming the Dream** with Sue Daniel (AUS) and Jun Maeda (Japan) and (p.8).

Lunchtime Reading Groups: First Friday of the month from 12.45-1.45 p.m. (p.10)

Theatre of Spontaneity: Last Sunday of the month all year (p.12).

Sunday, April 2: **Introduction to Psychodrama:** Half-Day Seminar with Katrina Gaskin (p.8).

Term 2:

6 Wednesday evenings and 1 Saturday

Commencing Wednesday 17 May from 7.30 – 10.30 p.m and continuing 24 & 31 May and 7, 14 & 21 June plus Saturday, 3 June from 10.00 a.m – 5.30 p.m.

Fee: \$560.00 (Due by 17 May).

Conference 6 & 7 May: Islands in the Stream: Building Bridges (p.11).

Time's Distorted Mirror: A Half-Day Seminar on May 20, with Clark Baim (UK) (p.8).

July 16, **Role Training Workshop:** Hans Wilgenburg (p.9).

Term 3:

6 Wednesday evenings and 1 Saturday

Commencing Wednesday 2 August from 7.30 – 10.30 p.m and continuing 9, 16, 23 & 30 Aug. and 6 Sept. plus Saturday, 12 August from 10.00 a.m – 5.30 p.m.

Fee: \$560.00 (Due by 2 August).

4-Day Psychodrama Intensive: Releasing from the Chrysalis: 13,14, 15 & 16 October with Sue Daniel (p.9).

October 28, **Introduction to Psychodrama:** Half-Day Seminar with Sue Daniel (p.8).

Term 4:

6 Wednesday evenings, 1 Friday evening and 1 Saturday

Commencing Wednesday 25 October from 7.30 – 10.30 p.m and continuing 1, 8, 15, 22 & 29 November plus Saturday 18 November from 10.00 a.m – 5.30 p.m.

End of Year Session: Friday, 1 Dec. 7.30 – 10.30 p.m (for all trainees and guests)

Fee: \$560.00 (Due by 25 October).

Training Program continued...

Level 2/3 - Tuesday Evening Training Group (plus additional workshops and events)

Term 1: 6 Tuesday evenings, 1 Friday evening and 1 Saturday

Opening Session: Friday, 24 February, from 7.30 – 10.30 p.m (for all trainees and guests).

Commencing on Tuesday 28 February from 7.30 – 10.30 p.m and continuing 7, 14, 21 & 28 March and 4 April plus Saturday, 18 March from 10.00 a.m – 5.30 p.m.

Fee: \$560.00 (Application form with deposit, \$50.00 or full payment is due by Friday, 3 Feb.)

February Workshop: Sunday, 26 February, **Dreaming the Dream** with Sue Daniel (AUS) and Jun Maeda (Japan) and (p.8).

Lunchtime Reading Groups: First Friday of the month from 12.45-1.45 p.m. (p.10)

Theatre of Spontaneity: Last Sunday of the month all year (p.12).

Sunday, April 2: **Introduction to Psychodrama:** Half-Day Seminar with Katrina Gaskin (p.8).

Term 2:

7 Tuesday evenings and 1 Saturday

Commencing 16 May from 7.30 – 10.30 p.m and continuing 23 & 30 May, 6, 13 & 20 June (27 June is a peer night) plus Saturday, 17 June from 10.00 a.m – 5.30 p.m.

Fee: \$570.00 (Due by 16 May).

Conference 6 & 7 May: Islands in the Stream: Building Bridges (p.11).

Time's Distorted Mirror: A Half-Day Seminar on May 20, with Clark Baim (UK) (p.8).

July 16, **Role Training Workshop:** Hans Wilgenburg (p.9).

Term 3:

8 Tuesday evenings and 1 Saturday

Commencing 1 August from 7.30 – 10.30 p.m and continuing 8, 15, 22 & 29 Aug. and 5 Sept. (12 & 19 Sept. are peer nights) plus Saturday, 19 August from 10.00 a.m – 5.30 p.m.

Fee: \$580.00 (Due by 1 August).

4-Day Psychodrama Intensive: Releasing from the Chrysalis: 13,14, 15 & 16 October with Sue Daniel (p.9).

October 28, **Introduction to Psychodrama:** Half-Day Seminar with Sue Daniel (p.8).

Term 4:

5 Tuesday evenings, 2 Friday evenings and 1 Saturday

Commencing 24 October from 7.30 – 10.30 p.m and continuing 31 Oct (no session Melbourne Cup Day), Friday evening, 10 Nov & Saturday 11 November from 10.00 a.m – 5.30 p.m and Tuesday evenings: 14, 21 & 28 November.

End of Year Session: Friday, 1 Dec. 7.30 – 10.30 p.m (for all trainees and guests)

Fee: \$560.00 (Due by 24 October).

Training Program continued...

Level 2/3: Thursday Evening Training Group (plus additional workshops and events)

Term 1: 6 Thursday evenings, 1 Friday evening and 1 Sunday

Opening Session: Friday, 24 February, from 7.30–10.30 p.m. (for all trainees and guests).
Commencing on Thursday 2nd March from 7.30 – 10.30 p.m and continuing 9, 16, 23 & 30 March & 6 April plus Sunday, 26 March from 10.00 a.m – 5.30 p.m.

Fee: \$560.00 (Application form with deposit, \$50.00 or full payment is due by Friday, 3 Feb.)

February Workshop: Sunday, 26 February, **Dreaming the Dream** with Sue Daniel (AUS) and Jun Maeda (Japan) and (p.8).

Lunchtime Reading Groups: First Friday of the month from 12.45-1.45 p.m. (p.10)

Theatre of Spontaneity: Last Sunday of the month all year (p.12).

Sunday, April 2: **Introduction to Psychodrama:** Half-Day Seminar with Katrina Gaskin (p.8).

Term 2:

7 Thursday Evenings and 1 Sunday

Commencing 18 May from 7.30 – 10.30 p.m and continuing: 25 May, 1, 8, 15 & 22 June (29 June is a peer night) plus Sunday, 18 June from 10.00 a.m – 5.30 p.m.

Fee: \$570.00 (Due by 18 May)

Conference 6 & 7 May: Islands in the Stream: Building Bridges (p.11).

Time's Distorted Mirror: A Half-Day Seminar on May 20, with Clark Baim (UK) (p.8).

July 16, **Role Training Workshop:** Hans Wilgenburg (p.9).

Term 3:

8 Thursday Evenings and 1 Sunday

Commencing 3 August from 7.30 – 10.30 p.m and continuing: 10, 17, 24 & 31 Aug. & 7 Sep. (14 & 21 Sept. are peer nights) plus Sunday, 20 August from 10.00 a.m – 5.30 p.m

Fee: \$580.00 (Due by 3 August)

4-Day Psychodrama Intensive: Releasing from the Chrysalis: 13,14, 15 & 16 October with Sue Daniel (p.9).

October 28, **Introduction to Psychodrama:** Half-Day Seminar with Sue Daniel (p.8).

Term 4:

6 Thursday evenings and 1 Sunday

Commencing 26 October from 7.30 – 10.30 p.m and continuing: 2, 9, 16, 23 & 30 November plus Sunday, 12 November from 10.00 a.m to 5.30 p.m.

End of Year Session: Friday, 1 Dec. 7.30 – 10.30 p.m (for all trainees and guests)

Fee: \$560.00 (due by 26 October)

2017 – Calendar of Workshops

Dreaming the Dream

Sunday, 26 February from 10 a.m – 5.30 p.m

Directors: Sue Daniel (Australia) and Jun Maeda (Japan)

In this experiential workshop we will explore the many realms of dreams that will benefit your work and everyday life. It is designed for therapists, trainees and those working in many kinds of professions and communities. Sue Daniel's session, "The psychodramatic world of dreams" is in the morning, followed by Jun Maeda's session, "Psychodrama for seeking your real dream" in the afternoon. Morning and afternoon tea, with freshly brewed coffee and a selection of fine teas is included. Bring your choice of food to share at the lunch table.

Fee: \$150.00 (\$225 non-MPS members) Deposit \$50.00 due by Friday 3 February.

Introduction to Psychodrama

Two Afternoon Workshops: April & October

Sunday, 2nd of April from 2-5 p.m.

Director: Katrina Gaskin

Saturday, 28 October from 2-5 p.m.

Director: Sue Daniel

Psychodrama is an experiential method, with thinking, feeling and action at its core. The relationships that we have with ourselves, and others in our environments, and this includes animals and objects, have an effect on our health and well-being. Being in the here and now - the present moment - brings satisfaction and effectiveness in our work and day-to-day living. With care and skill, the techniques of psychodrama can be used anywhere and with anyone. These sessions are designed for those new to psychodrama and who want to go beyond talking methods. It will suit individual practitioners, supervisors, group leaders and anyone wanting more spontaneity in their life.

Fee: \$30.00 per session (Enrolments required one week before these sessions).

Time's Distorted Mirror

Using Psychodrama to Work with Offenders and People at Risk of Offending

Saturday Afternoon, 20 May from 2 – 5 p.m.

Director: Clark Baim (UK)

While this workshop is on the theme of working with offenders in prison and probation contexts, it also focuses on working with those people who are at risk of offending, such as school kids or anyone isolated or neglected. It will suit many professionals working across a range of disciplines and fields including anyone who works with at-risk populations or people who act out against others, in criminal justice, mental health, family support / intervention or social care settings.

Fee: \$35.00 (PIM & PiA Trainees) \$50.00 (MPS members) \$150.00 (Non-members) (Deposit \$50.00 or full payment due by Friday, 5 May).

May: Training for Trainers Weekend

Saturday & Sunday, May 13 & 14 from 10 a.m – 5.30 p.m.

Trainer: Sue Daniel

This weekend workshop is designed for those trainers and practitioners, who want to hone their unique ability to teach, supervise and lead groups with enhanced spontaneity and creativity. The material will come from the group.

Fee: \$330.00 (\$440 for non-MPS members), Deposit \$50.00 due by Monday, 3 April.

Role Training Workshop

Sunday, 16 July from 10 a.m – 5.30 p.m.

Director: Hans Wilgenburg

Trying on new roles, developing new responses to old situations, and novel responses in new situations is what role training is about. Central to this method is role reversal; being in the shoes of the other. This workshop with Hans will assist anyone working in fields where surprising or unexpected events occur.

Fee: \$75.00 (MPS members) (\$150 for non-members), Deposit \$50.00 due by Friday, 15 June. Please contact Hans on 0431 183 961 or the PIM Administrator.

4-Day Psychodrama Intensive: Releasing from the Chrysalis

Friday, Saturday, Sunday & Monday: 13, 14, 15 & 16 October, 10.00a.m - 5.30p.m

Director: Sue Daniel

We will be creating this workshop together drawing on our gifts and talents. The focus of this workshop is on the imaginative use of sociometric activities, spontaneity training, role training and psychodrama. The new will emerge through our connections as we develop new roles. Participants can expect to learn a lot, have fun and find new ways of being.

This workshop is designed for those interested in new growth and vital relationships. It will suit everyone who has a yearning for something different in their lives.

Fee: \$550.00.00 (\$660.00 for non-MPS members) Deposit \$50.00 due by Friday, 9 September. *Early bird fee \$500.00/\$600.00 if paid by Friday, 3 February.*

Supervision Group

Friday Morning Psychodrama Small Group Supervision

Last Friday each month from 9.30 am-12.30 pm.

(24 professional development hours)

This ongoing supervision group is for psychodrama practitioners, trainees and other professional people. Participants will have the opportunity to bring forward aspects of their work with clients or groups, to further develop their skills and roles as group leaders, clinicians and practitioners. The material will come from the group.

Supervisors: Sue Daniel and Katrina Gaskin

Dates: 31 Mar, 28 Apr, 26 May, 30 Jun, 28 Jul, 25 Aug, 27 Oct. & 24 Nov.

Fee: \$40.00 per session (MPS members), \$70.00 (non-members of MPS) or full course fee is \$280.00/\$480.00 and due by 3 February.

Friday Lunchtime Reading Group

First Friday of the month, March to November from 12.45 to 1.45 p.m.

(9 training or professional development hours)

This lively group is designed to suit those with an hour to spare at lunchtime. Budding writers, trainees and practitioners are welcome! We discuss psychodrama works; DVD's and literature and other related material. A moderator will send out the material for reading or viewing early in the week and lead an invigorating discussion. BYO lunch. *To book your place, call or text one week in advance: 0417 586 791*

Dates: 3 Mar, 7 Apr, 5 May, 2 Jun, 7 Jul, 4 Aug, 1 Sep, 6 Oct. & 3 November.

Fee: \$10.00 per session includes freshly brewed coffee and a selection of teas.

Peer Practitioner Groups

Wednesday Evening Psychodrama Peer Practitioner Group

(6 Wednesdays + 2 Sundays: 33 professional development hours)

This group is for accredited psychodrama practitioners and those in the practicum level as created and organised by the participants.

Dates: Beginning Sunday 19 March from 10-5.30 pm, then 6 Wednesdays from 7.30-10.30pm: 12 Apr, 10 May, 28 Jun, 26 Jul, 13 Sep, 18 Oct. and Sunday 19 Nov.

Fee: \$60.00 (6 Evenings) and \$280.00 if paid by Feb 3, or \$300.00 (2 Sundays).

A Friday morning peer practitioners' group is taking place on the 2nd Friday of each month for fully certified practitioners: 10 Feb, 10 Mar, (no Apr), 12 May, 9 Jun, 11 Aug, 8 Sep, (no Oct) & 10 Nov. \$10.00 per session. Contact PIM for details.

New Psychodrama Peer Group

1st Friday of the month from 9.30 am – 12.30 p.m

(27 training or professional development hours)

This group, for advanced trainees and practitioners provides an opportunity for peer practice in leading a group with a trainer on hand. Participants will have the opportunity to bring forward aspects of their work to further develop their skills and roles as a leader, clinician and practitioner.

Dates: 3 Mar, 7 Apr, 5 May, 2 Jun, 7 Jul, 4 Aug, 1 Sep, 6 Oct. & 3 November.

Fee: \$35.00 per session (with Trainer), \$10.00 (when with peers only).

Islands in the Stream: Building Bridges

2-Day Conference, Saturday & Sunday, 6 & 7 May 2017

9 am – 6 p.m

Bluestone Church Arts Space

Hyde Street, Footscray



This two-day conference, led by psychodramatists originating from five countries offers a unique and enjoyable experience for all. Their presentations reflect the creative use of the psychodrama method in a range of settings and cultures. Participants can expect to experience the power and effectiveness of working with groups through action methods.

The healthy development of society is dependent upon our ability to connect with each other. Human bonding is essential for growth. Building bridges assists us in understanding one another and to experience what it is like to be in the shoes of the other. Sociometry and sociodrama are the soundest methods to ensure that groups of people from many streams of life function at their best.

Dates & Times: Saturday & Sunday, 6 & 7 May. Registration is at 9 a.m

Day 1: 9.30 a.m – 6 p.m

Sue Daniel: Building bridges between groups

Magdalene Jeyarathnam: Engaging with LGBTQI communities and their families

Lethe Gaskin & Kerry Francis: Te Taha Wairua: Sharing Spirituality at the End of Life in a New Zealand Hospice setting.

Day 2: 9.00 a.m – 5.30 p.m

Ling Mu & Sharni Page: Working with children, adolescents and families

Lyndon Medina: The Imposter Syndrome: Future Projection with University students

Melas Khole & Katrina Gaskin: Role Reversal with World Leaders.

5.15 – 5.45 p.m: Conference closing session

Fees: \$150.00 (MPS members), \$300.00 (non-MPS members), \$150.00 (Trainees, students & unemployed) Deposit \$50.00 due by Monday 3 April.

Morning tea is included. BYO food to share on the lunch buffet table: 1.30-3 p.m.

Enquiries, program and registration: Ted: 0410 536 791 - Sharni: 0417 017 097

www.moreno-psychodrama-society.com

The Theatre of Spontaneity – Dates for 2017

The Moreno Psychodrama Society hosts the Theatre of Spontaneity (ToS) on the last Sunday of each month. These gatherings provide an opportunity for people who would like to meet and explore what is happening in the world, regarding community or cultural events, relationships and values. ToS provides a stage to deepen our connections with each other using a range of psychodrama techniques and methods and a host of other creative applications of the method. All are welcome. A selection of fine teas and freshly brewed coffee will be available from 6.00pm.

Venue: 1/10-12 Adolph St, Cremorne (next to East Richmond Railway Station)

Time: Meeting at 6 00pm for 6.30pm start, concludes at 8.30pm

When: Last Sunday of each month: February – November (10 evenings)

Dates: 26 Feb, 26 Mar, 30 Apr, 28 May, 25 Jun, 30 Jul, 27 Aug, 24 Sep, 29 Oct & 26 Nov.

Fee: \$20.00 (\$15.00 for MPS members) Includes light refreshments.

Enquiries: ToS Co-ordinator, Gavin O'Loughlin - 0403 597 685

(Trainees can accumulate 20 training hours by attending all 10 sessions)

Personal and Professional Workshops

During the year accredited psychodrama trainers and practitioners, and advanced trainees conduct personal development, professional development and supervision groups. The purpose of these groups is to develop greater strength and skills and more effective relationships with yourself and others. The following practitioners and therapists who lead groups from PIM may be psychodramatists, psychologists, social workers, expressive therapists, organisational consultants or supervisors: Yelena Ashlapova, Sue Daniel, Lethe Gaskin, Jenny Gould, Melas Khole, Lyndon Medina and Hans Wilgenburg.

For enquiries about these courses and brochures call 0410 536 791.

Counselling and Psychotherapy Sessions

Individual, couple and family therapy sessions are available from practitioners working from the PIM rooms. Contact the practitioners directly:

Sue Daniel: 0417 586 791

Melas Khole: 0427 174 008

Lethe Gaskin: 0481 828 869

Yelena Ashlapova: 0432 946 722

Hans Wilgenburg: 0431 183 961

Jenny Gould: 0431 285 808

www.psychodrama-institute-melbourne.com

Faculty



Sue Daniel is an international trainer, educator and practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide. She is a psychologist and psychotherapist in private practice and the Director of the Psychodrama Institute of Melbourne (PIM). Sue founded the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (ABP). She is the first foreign Visiting Professor (Honorary) at the Muroran Institute of Technology in Japan. Sue is a prolific writer on psychodrama.

Lethe Gaskin is a Psychodramatist (TEP), psychologist and group psychotherapist working in private practice in Melbourne and a supervisor and consultant in the Health field. She is the Co-Founder and Director of the Psychodrama i Aotearoa (New Zealand) – PiA, and the Chairperson of the ABP.



Katrina Gaskin is a psychodramatist (TEP), counsellor and supervisor working in private practice in Melbourne. She is the Co-Founder and Kaiāwhina (Assistant Director) of PiA and a founding member of MPS and the ABP.

Melas Khole (not pictured) is a Psychodramatist (ABP) and psychologist working in organisational health settings and in private practice. He worked in the Forensic (prison) system for a decade. He utilises a mixture of approaches with groups and individuals but with a foot firmly cemented in the Psychodrama worldview. His interests include Norse Mythology, Science Fiction, comedy and fitness.

Lyndon Medina is a Psychodramatist (ABP) and Chairperson of the Moreno Psychodrama Society. He is a counselling psychologist with 20 years experience and has worked as a student counsellor at RMIT University for 13 years. He provides individual counselling and conducts personal and professional development workshops for the university community. Lyndon has a small private practice and loves his family.



Visiting Teachers

Jun Maeda is a Psychodramatist (ABP), clinical psychologist and Professor of Psychology at the Muroran Institute of Technology. He is a pioneer of psychodrama in Hokkaido, Japan. His significant career includes organising psychosocial support activities for disaster settings and overseas cooperation with the Japan Red Cross Society and the International Federation of Red Cross and Red Crescent Society.



Clark Baim is a Senior Trainer in psychodrama psychotherapy and Co-Director of the Birmingham Institute for Psychodrama in the UK. In 1987, he established and served as the first Director of Geese Theatre UK, using applied drama in criminal justice settings. He also worked as a group psychotherapist for five years at HM Prison Grendon. From 1999 to 2012 he was contracted as Co-Lead National Trainer for the Probation Service's Sexual Offending Groupwork Programmes in England and Wales. He is a regular visitor to Australia, conducting workshops and programs for Berry Street, the Department of Corrections, ANZATSA and PIM.

Hans Wilgenburg is a Psychodramatist (ABP), Counsellor and Architect. He conducts specialised training courses using psychodrama and role training methods. He worked at the Banyon Institute in Chennai, India in 2014 under the auspices of PIM. Hans works with adoption issues focusing on parenting, loss and trauma. He has Leadership Accreditation for individuals in business and is a registered counsellor with the Australian Counselling Association. He is a Volunteer Swimming Coach with the Special Olympics.



Conference Presenters

Magdalene Jeyarathnam, Kerry Francis, Ling Mu and Sharni Page (left to right), join Sue Daniel, Lethe Gaskin, Lyndon Medina, Katrina Gaskin & Melas Khole (see p.13) in presenting at the Islands in the Stream conference, 6 & 7 May (See flyer online).



The Moreno Psychodrama Society

The Moreno Psychodrama Society (MPS) is a body of people working together to bring psychodrama into many areas of our world. It is the umbrella organisation for the Psychodrama Institute of Melbourne (PIM) and the Psychodrama Institute of Aotearoa (PiA), accredited training institutes with the Australian and Aotearoa Board of Psychodrama (ABP) that stands for, and promotes the development of relationship and community through the unique expression of the members. The group has the power to heal and together we can do many things. Being in the moment, working with 'what is', brings about change and development, connection and greater spontaneity.

Benefits of Membership

- * Belonging to a Living Thriving Community
- * The Psychodrama Blog.
 - * An E-journal "The Mirror" published 3 times a year.
 - * Access to the PIM Library
 - * Reduced rates into MPS events
 - * Contributions to the creation of new ideas and developments
- * Links and affiliations with overseas organisations and institutes
 - * Lunchtime Reading Groups
 - * An active website
- * Professional Body for psychodrama trainers, practitioners and trainees

Chairperson: Lyndon Medina (0417 248 416)
Email: MorenoSociety@netspace.net.au
Postal Address: Box 371, East Melbourne 8002
www.moreno-psychodrama-society.com

The Australian and Aotearoa (New Zealand) Board of Psychodrama

The Board consists of four members: Lethe Gaskin (Chairperson), Sue Daniel, Katrina Gaskin and Helen Fryer. The Board is responsible for the accreditation and certification of psychodramatists. Certified Psychodramatists are expected to maintain their registration as accredited practitioners of the Moreno Psychodrama Society (MPS) through subscription and keep up with relevant professional development, for the benefit of themselves, the community and their clients.

There are currently two training Institutes accredited with the Board, the Psychodrama Institute of Melbourne (PIM) and the Psychodrama Institute of Aotearoa (PiA). These institutes are mutually affiliated with the Moreno Psychodrama Society (MPS).

Since 2001, the Board have accredited 49 Psychodramatists (Psychodrama Directors) and 61 Assistant-Directors. There are 118 papers, theses, journal articles and projects in the PIM library, the work of the above practitioners, trainees and trainers. Over 100 people have achieved the certificate of Auxiliary-Ego.

Enquiries: The Chairperson, ABP, P.O Box 371, East Melbourne, Victoria 8002

Other Training Information

Qualification for Admission

Applicants are not required to have previous experience in psychodrama, but must have other relevant training, for example, a graduate degree or the equivalent and have the resources to commit themselves to the training program and its requirements. Although many trainees go on to certification, some may enrol to enlarge their armamentarium of intervention, to learn more about action and group methods. Interviews are essential for Level 1 applicants and trainees resuming training, transferring from other institutes or from overseas.

Assessment and Accreditation

The training events within this program are assessed within the institute in consultation with the Australian and Aotearoa (New Zealand) Board of Psychodrama (ABP). On completion of a year of training a person can achieve the level of Psychodrama-Auxiliary Ego. The second certificate of Assistant-Director may be gained after three years of ongoing training and a written paper. Completion of five years of training in the psychodrama method provides an opportunity for a person to apply for accreditation as a Psychodramatist. This may involve a further year in a practicum group, ongoing supervision and ongoing peer meetings. A minimum of 800 hours of training is required which includes 700 hours of ongoing training and education, 50 hours of group supervision and 50 hours of one-to-one supervision, two papers or paper and a project. There are extra fees for supervision, paper assessments and the practicum. Practicums are normally held in May or November. All training courses for PIM trainees are accredited through PIM, the Board and the Moreno Psychodrama Society.

Applications and Fees

Applications for each event close on the due by date. Send in the completed application form with full payment or a deposit. The balance is normally paid before the commencement of each course or another method of payment can be discussed with the Trainer. We take most credit cards. Training and supervision fees are inclusive of and attract GST. Deposit amounts are non-refundable.

The PIM Library

Trainees and members of MPS may borrow books, articles and audio-visual resources for up to 2 weeks. The library is a rich resource with papers, theses and projects, illustrating the wide application of the psychodrama method. The library also contains the **George Cally** section, with material related to psychodrama, group psychotherapy and action methods and the **Zerka T. Moreno** section, with its selection of International psychodrama journals, books and articles.

Venue

Unless otherwise specified, all workshops and seminars are held at the Psychodrama Institute of Melbourne, 1/10-12 Adolph St, Cremorne, 3121 Victoria, Australia

Enquiries: Ted Bugarski: 0410 536 791

Psychodrama Institute of Melbourne: PIM@netspace.net.au

APPLICATION FORM

2017 Training Courses, Workshops and Seminars

I enclose \$.....(Full payment/Deposit)

Psychodrama Institute of Melbourne

1/10-12 Adolph St, Cremorne 3121

ABN 19957 447 677

(Please tick the relevant box/es – Minimum deposit: \$50.00)

Ongoing training courses include: Open Night, Friday, 24 February 2017

- Level 1: 6 Wednesday Evenings & one Sunday - Term 1: \$560.00
- Level 2/3: 6 Thursday Evenings & one Sunday - Term 1: \$560.00
- Level 2/3: 6 Tuesday Evenings & one Saturday - Term 1: \$560.00
- (Full Year fee for the 4 Terms is \$2,100.00 if paid by 3 February 2017)*

Workshops and Conference *(Some early bird (EB) fees apply):*

- Dreaming the Dream: S. Daniel & J. Maeda: 26 Feb.: \$150.00 (\$225.00 non-members of MPS).
- Sunday Afternoon, April 2: Introduction to Psychodrama - \$30.00.
- 2-Day Conference: Islands in the Stream: Building Bridges, 6 & 7 May: \$150.00 (MPS members, trainees, students & unemployed). \$300.00 (non-members MPS)
- Training for Trainers Weekend: Sue Daniel – 13 & 14 May \$330/\$440.
- Time's Distorted Mirror: A Half-Day Workshop: 20 May with C. Baim. \$50 (PIM/PIA/MPS members), \$150.00 (non-members of MPS).
- 16 July: H. Wilgenburg: Role Training: \$150.00 or \$75.00 (MPS Members),
- 4-Day Psychodrama Intensive: Releasing from the Chrysalis, 13-16 Oct. \$550.00 (MPS Members), \$660.00 (non-members of MPS). EB, p.9.
- Saturday Afternoon, Oct. 28: Introduction to Psychodrama - \$30.00.

Supervision and Peer Groups:

- Friday Morning Psychodrama Small Group Supervision: 8 sessions.
- Monthly Friday Reading Group, 1st Friday of the month, 12.45 – 145 p.m.
- Wednesday Evening or Friday morning peer practitioner groups (circle one)
- New Psychodrama Peer Group, 1st Friday of the month: 9 sessions.

New Membership subscriptions to MPS (2017):

- Trainees: \$30.00 (includes e-Journal)
- Friends of MPS: \$35.00 (includes e-Journal)
- Accredited Practitioners: \$35.00 (includes Practice Certificate & e-Journal)

Total Fees:.....\$ _____

Payment (cheque/cash, credit card or direct debit):.....\$ _____

Balance owing:.....\$ _____

Applicant's details over this page...

