

Advanced Concepts and Techniques in Psychodrama

A 3-day Psychodrama workshop in Bangalore, from 13 -15 April 2018



Psychodrama is essentially about being in the 'here and now', living in the moment rather than thinking about the past, or worrying about the future. This psychodrama training workshop is designed for those who have had some psychodrama training already. It has a practitioner focus so it will suit those already working in a range of fields and with some experience in groupwork. A further focus is on the development of leadership roles including those of a psychodrama director.

- Group members will have the opportunity to practice directing, immediately applying their learning within the group. This workshop is for practitioners who wish to further expand their knowledge of groups and groupwork through hands-on learning about the psychodrama method - including role theory and the psychodrama production techniques that have application in their professional and personal life.
- Participants can expect to learn how to use psychodrama for conflict resolution, working in the one-to-one milieu, with couples, with dreams as well as with trauma, grief and loss. They can expect to further develop their empathy and spontaneity through this process, through the experience being in the shoes of 'the other.'
- The two-fold purpose of this workshop is for participants to be able to fine tune their psychodrama learning and apply it in their one-to-one practice or groups, and to develop healthy group cultures in their work and life.

Evaluation:

- At the end of the workshop, participants will be asked to write a short paper reflecting on their experience in this workshop, including how they might apply aspects of the psychodrama method in their work and life.
- Participants who complete the three-day workshop will receive a certificate from the Psychodrama Institute of Melbourne and the Australian and Aotearoa (New Zealand) Board of Psychodrama. They will also receive a reference list and relevant websites and links.



Sue Daniel is a psychodramatist, trainer, educator and practitioner (TEP), consulting psychologist and psychotherapist in private practice. She is the Director of the Psychodrama Institute of Melbourne, and Founder of both the Moreno Psychodrama Society and the Australian and Aotearoa (New Zealand) Board of Psychodrama (ABP). Sue is an international trainer and works with communities, universities and organisations throughout the world.

For all enquiries and enrolments contact: Smita Chimmada Potty

schimmada@gmail.com