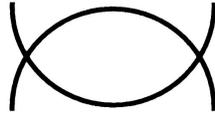


Psychodrama Institute of Melbourne



2018 Training Program



Training in Psychodrama, Sociometry, Role Training, Sociodrama,
Role Theory, Leadership and Group Work

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The Psychodrama Institute of Melbourne

The Psychodrama Institute of Melbourne (PIM) provides training, supervision and professional & personal development courses in leadership, psychotherapy, counselling, staff development and organisational consultancy. The institute has at its core the sociometric principles of the founders of psychodrama, Dr. J. L. Moreno (1889-1974) and Zerka T. Moreno (1917-2016). The Director of PIM is Sue Daniel.

The Training Program

The aim of the training is to develop theoretical knowledge and practical ability in the methods of psychodrama, sociometry, sociodrama, role training and group work through informal mini-lectures, supervision, reading, writing and supervised practice in groups. The training is designed for people working or studying in such fields as psychology, psychiatry, psychotherapy, social work, education, welfare, the arts, health, counselling, organisations and pastoral care. The program includes ongoing group sessions on a four-term basis, weekend and day workshops, seminars, individual and small group supervision and a range of activities offered by the Moreno Psychodrama Society (MPS), and including The Theatre of Spontaneity, held on the last Sunday of every month from 6 – 8.30 pm.

Methodology: The experiential method interwoven with theoretical knowledge is at the core of the program. This method involves trainees actively experiencing the emotional and sensory impact associated with participation and involvement in a situation, while experiencing full intellectual functioning. Role analysis and group interaction are all part of the learning process. While psychodrama techniques and role theory are integral to the training process other creative methods are also used.

Training Activities

Training generally begins with Level 1 (1 year), followed by Level 2 (2 years) and then Level 3 (2 years). This ongoing training is held over 4 terms each year and includes workshops, peer sessions, writing and supervised practice. Trainees are encouraged to apply their new learning between terms as this contributes richly to their growth. We expect trainees to be able to recognise their strengths and growing edges as the learning proceeds. One-to-one supervision is a requirement and additional fees apply. The 4-Day Psychodrama Workshop in October and the other workshops are open to trainees, practitioners and those interested in the diverse applications of the psychodrama method.

Peer Practitioner and Supervision Groups

Peer Groups are held monthly and are designed for accredited practitioners and advanced trainees who want to further develop their expertise in individual counselling, psychotherapy, leadership and group work.

The monthly *Supervision Group* allows for a unique small group supervision process. The sessions provide an in-depth focus on all aspects of practice, philosophy and theory as well as participants' functioning as group leaders or one-to-one practitioners.

Description of Curricula

The training program for 2018 includes the essentials of psychodrama theory and practice and its practice in any culture or setting. Knowledge and application of systems theory, role theory, surplus reality, psychodramatic techniques, sociometry, sociodrama and role training are covered. To encourage a full experience of the method, the training groups may sometimes be made up of participants from all levels. This structure exposes new and advanced trainees to a rich experience of the method including learning about group dynamics and processes, making the training very lively. Trainees are taught directing, role analysis, group leadership and auxiliary skills through coaching and supervised practice. Trainees who apply their learning in their workplace are required to have regular supervision and each trainee's unique expression is encouraged. This process of training equips trainees in the greater application of the psychodramatic method in their work and life as well the development of the skill and confidence to conduct different types of group sessions and do psychodramatic work with a range of people.

Creativity and spontaneity is at the heart of the psychodrama process and trainees are encouraged to take initiative in their own development. It is expected that they will attend all sessions of their training group, several workshops and at least two Theatre of Spontaneity sessions. There is some written work. At the end of the first year, a reflection piece is required. After two years of training, a paper on the practical application of an aspect of the method or a social and cultural atom paper is required. Then trainees may start to prepare their major paper, a journal article or thesis on a specific interest or on their application of the method, or create a project. They must have run a group during the training and be in an ongoing one to one supervisory process. The ability to work independently and have a clear sense of self is a significant factor in completing the program.

Practicum for Psychodrama Directorship:

Trainees who have completed two papers or 1 paper and a project or thesis and who have a minimum of 800 training hours; 100 of which comprise at least 50 hours of one-to-one supervision and 50 hours of small group supervision, may, after consultation with their primary trainer, supervisor and training group, apply in writing to the Australian and Aotearoa Board of Psychodrama to do their practicum.

Supervision: Ongoing one to one supervision is a requirement for all trainees and the group supervision sessions on Friday mornings are also encouraged. Attendance in a peer group (with a trainer) counts towards group supervision hours.

Personal and Professional Development Groups: These psychodrama groups are open for anyone who wishes to explore and enter into new and vital ways of living. Trainees may also want to avail themselves of some extra role development in this therapeutic environment and practice their auxiliary skills.

Individual Psychotherapy and Counselling:

Sessions for individuals, couples, children and families are by appointment. Contact the office (0417 586 791) or the individual practitioners (see page 12 for details).

Training Program 2018

Level 1 - Wednesday Evening Training Group

(Plus choice of 2 additional workshops and 2 sessions at the Theatre of Spontaneity. P.12)

Term 1: 6 Wednesday evenings, 1 Friday evening and 1 Sunday

Opening Session: Friday, 16 February from 7.30 – 10.30 pm (for all trainees and guests).

Commencing on Wednesday 21 Feb. from 7.30 – 10.30 p.m and continuing 28 Feb, & 7, 14, 21 & 28 March plus Sunday, 4 March from 10.00 a.m – 5.30 p.m.

Fee: \$575.00 (Application form with deposit, \$50.00 or full payment is due by Friday, 2 Feb.)

February Workshop: Saturday, 17 February, **Finding Your Comfortable Place** with Jun Maeda (Japan) p.8.

Sunday April 15: **Come to the Table** with Katrina Gaskin (p.8).

Introduction to Psychodrama: Sunday, April 22: Half-Day Seminar with Lethe Gaskin (p.8).

Sunday, May 6: **Liberation through Role Training:** Sue Daniel (p.9).

Term 2:

6 Wednesday evenings and 1 Sunday

Commencing Wednesday 16 May from 7.30 – 10.30 p.m and continuing 23 & 30 May and 6, 13 & 20 June plus Sunday, 27 May from 10.00 a.m – 5.30 p.m.

Fee: \$575.00 (Due by 16 May).

Sunday, June 24: **Unfinished Business** with Lyndon Medina (p.9).

Transforming Transgenerational Trauma, Sunday, July 15: with Sue Daniel (p.9).

Term 3:

6 Wednesday evenings and 1 Sunday

Commencing Wednesday 8 August from 7.30 – 10.30 p.m and continuing 15, 22 & 29 Aug. and 5 & 12 Sept. plus Sunday, 12 August from 10.00 a.m – 5.30 p.m.

Fee: \$575.00 (Due by 8 August).

September 16, “**Tukua**” – **Letting Go** with Lethe Gaskin (p.10).

4-Day Psychodrama Workshop: 12,13, 14 & 15 October with Sue Daniel (p.10).

October 28, **Introduction to Psychodrama:** Half-Day Seminar with Sue Daniel (p.8).

Term 4:

6 Wednesday evenings, 1 Friday evening and 1 Sunday

Commencing Wednesday 24 October from 7.30 – 10.30 p.m and continuing 31 Oct, 7, 14, 21 & 28 November plus Sunday 18 November from 10.00 a.m – 5.30 p.m.

End of Year Session: Friday, 30 November from 7.30 – 10.30 p.m (for all trainees and guests)

Fee: \$575.00 (Due by 24 October).

Training Program continued...

Level 2/3 - Tuesday Evening Training Group

(Plus choice of 2 additional workshops and 2 sessions at the Theatre of Spontaneity. P.12)

Term 1: 6 Tuesday evenings, 1 Friday evening and 1 Sunday

Opening Session: Friday, 16 February from 7.30 – 10.30 p.m (for all trainees and guests).

Commencing on Tuesday 20 February from 7.30 – 10.30 p.m and continuing 27 Feb. and 6, 13, 20 & 27 March plus Sunday, 18 March from 10.00 a.m – 5.30 p.m.

Fee: \$575.00 (Application form with deposit, \$50.00 or full payment is due by Friday, 2 Feb.)

February Workshop: Saturday, 17 February, **Finding Your Comfortable Place** with Jun Maeda (Japan) p.8.

Sunday April 15: **Come to the Table** with Katrina Gaskin (p.8).

Introduction to Psychodrama: Sunday, April 22: Half-Day Seminar with Lethe Gaskin (p.8).

Sunday, May 6: **Liberation through Role Training:** Sue Daniel (p.9).

Term 2:

7 Tuesday evenings and 1 Sunday

Commencing 15 May from 7.30 – 10.30 p.m and continuing 22 & 29 May and 5, 12 & 19 June (and 26 June is a peer night) plus Sunday, 20 May from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Due by 15 May).

Sunday, June 24: **Unfinished Business** with Lyndon Medina (p.9).

Transforming Transgenerational Trauma, Sunday, July 15: with Sue Daniel (p.9).

Term 3:

7 Tuesday evenings and 1 Sunday

Commencing 7 August from 7.30 – 10.30 p.m and continuing 14, 21 & 28 Aug. and 4 & 11 Sep. (and 18 Sept. is a peer night) plus Sunday, 26 August from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Due by 7 August).

September 16, “**Tukua**” – **Letting Go** with Lethe Gaskin (p.10).

4-Day Psychodrama Workshop: 12,13, 14 & 15 October with Sue Daniel (p.10).

October 28, **Introduction to Psychodrama:** Half-Day Seminar with Sue Daniel (p.8).

Term 4:

5 Tuesday evenings, 2 Friday evenings and 1 Saturday

Commencing 23 October from 7.30 – 10.30 p.m and continuing 30 Oct (no session Melbourne Cup Day), Friday evening, 9 Nov & Saturday 10 November from 10.00 a.m – 5.30 p.m and Tuesday evenings: 13, 20 & 27 November.

End of Year Session: Friday, 30 November from 7.30 – 10.30 p.m (for all trainees and guests)

Fee: \$575.00 (Due by 23 October).

Training Program continued...

Level 2/3: Thursday Evening Training Group

(Plus choice of 2 additional workshops and 2 sessions at the Theatre of Spontaneity. P.12)

Term 1: 6 Thursday evenings, 1 Friday evening and 1 Sunday

Opening Session: Friday, 16 February from 7.30 – 10.30 p.m (for all trainees and guests).

Commencing on Thursday 22 Feb. from 7.30 – 10.30 p.m and continuing 1, 8, 15, 22 & 29 March plus Sunday, 25 March from 10.00 a.m – 5.30 p.m.

Fee: \$575.00 (Application form with deposit, \$50.00 or full payment is due by Friday, 2 Feb.)

February Workshop: Saturday, 17 February, **Finding Your Comfortable Place** with Jun Maeda (Japan) p.8.

Sunday April 15: **Come to the Table** with Katrina Gaskin (p.8).

Introduction to Psychodrama: Sunday, April 22: Half-Day Seminar with Lethe Gaskin (p.8).

Sunday, May 6: **Liberation through Role Training:** Sue Daniel (p.9).

Term 2:

7 Thursday Evenings and 1 Sunday

Commencing 17 May from 7.30 – 10.30 p.m and continuing: 24 & 31 May and 7, 14 & 21 June (and 28 June is a peer night) plus Sunday, 3 June from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Due by 17 May)

Sunday, June 24: **Unfinished Business** with Lyndon Medina (p.9).

Transforming Transgenerational Trauma, Sunday, July 15: with Sue Daniel (p.9).

Term 3:

7 Thursday Evenings and 1 Sunday

Commencing 9 August from 7.30 – 10.30 p.m and continuing: 16, 23 & 30 August and 6 Sep. & 13 (and 20 Sept. is a peer night) plus Sunday, 2 September from 10.00 a.m – 5.30 p.m

Fee: \$585.00 (Due by 9 August)

September 16, **“Tukua” – Letting Go** with Lethe Gaskin (p.10).

4-Day Psychodrama Workshop: 12,13, 14 & 15 October with Sue Daniel (p.10).

October 28, **Introduction to Psychodrama:** Half-Day Seminar with Sue Daniel (p.8).

Term 4:

6 Thursday evenings and 1 Sunday

Commencing 25 October from 7.30 – 10.30 p.m and continuing: 1, 8, 15, 22 & 29 November plus Sunday, 11 November from 10.00 a.m to 5.30 p.m.

End of Year Session: Friday, 30 November from 7.30 – 10.30 p.m (for all trainees and guests)

Fee: \$575.00 (due by 25 October)

2018 – Calendar of Workshops

February: Looking for our Comfortable Place

Saturday, 17 February from 10 am – 5.30 pm

Director: Jun Maeda

Naturally we are always looking for our comfortable place, nice and safe. This one-day workshop is designed for those who are working with new groups and new people to psychodrama. It will be relevant to those working in groups with beginners, other group members and staff. There will be a gentle exploration using sociometry and psychodrama. We will be able to experience a new space based on new ways and different aspects. Working with patients and staff it is easy to find this space. It is necessary in the first experience of psychodrama that all group members feel safe and secure.

Morning and afternoon tea, with freshly brewed coffee and a selection of fine teas is included. Bring your choice of food to share at the lunch table.

Fee: \$150.00 (\$200.00 non-MPS members) Deposit \$50.00 due by Friday 2 Feb.

April: Come To The Table

(Haere Mai ki te Tepu)

Sunday: 15 April from 10am – 5.30pm

Director: Katrina Gaskin

When you consider your own times of gathering around a table, what springs to mind? From moments of routine to celebration, encounters with tables happen socially, with family and at work. This experiential workshop encourages exploration and an opportunity to playfully expand upon the roles we bring to our tables in relation to the people we meet with.

Fee: \$100.00 (MPS members) \$150.00 (non-members). Deposit \$50.00 by 23 Mar.

Applications and enquiries to be made directly to Katrina Gaskin: 0455 254 801

Introduction to Psychodrama

2 Afternoon Workshops: April & October from 2-5pm

Sunday, 22 April from 2-5 pm.

Director: Letha Gaskin

Psychodrama is an experiential method, with thinking, feeling and action at its core. The relationships that we have with ourselves, and others including animals and objects, have an effect on our health and well being. Being in the here and now brings satisfaction and effectiveness in our work and day-to-day living. With care and skill, the techniques of psychodrama can be used anywhere and with anyone. These sessions are designed for those new to psychodrama and who want to go beyond talking methods. It will suit individual practitioners, supervisors, group leaders and anyone wanting more spontaneity in their life.

Fee: \$30.00 per session (Enrolments recommended one week before each session).

Sunday, 28 October from 2-5 pm.

Director: Sue Daniel

Workshops Calendar continued...

May: Liberation Through Role Training

Sunday: 6 May from 10am – 5.30pm

Director: Sue Daniel

The essence of role training involves mirroring and role reversal. We can develop new responses to old situations, and novel responses in new ones, through an invigorating process of learning through action. This workshop is for anyone working in fields where surprising or unexpected events occur or where repetitive patterns of behaviour and stuck systems prevent new growth and healthy relationships. The workshop is recommended for those working in organisations, those experiencing conflict in their personal, work or social relationships, and those wanting to get out of a mental rut.

Fee: \$150.00 (MPS members) \$250.00 (non-members) Deposit \$50.00 by 27 April.

Training for Trainers Weekend

Saturday & Sunday, May 12 & 13 from 10am – 5.30pm.

Trainer: Sue Daniel

This weekend workshop is designed for trainers and practitioners, who want to hone their unique ability to teach, supervise and lead groups with enhanced spontaneity and creativity. The material will come from the group.

Fee: \$350.00 (MPS members), \$550 (non-members), Deposit \$50.00 by 2 Feb.

June: Unfinished Business

Sunday: 24 June from 10am – 5.30pm.

Director: Lyndon Medina

The past has a powerful influence on our present and future. When that influence is strong, it's hard to proceed free of tension or be at peace. Closure can only occur as we look at the past in the here and now. Through re-engagement and surplus reality, we can change our role relationships with it. The time has come to heal our wounds, and this comes not a moment too soon.

Fee: \$75.00 (MPS members) \$150.00 (non-members), Deposit \$25.00 by 15 June.

July: Transforming Transgenerational Trauma

Sunday: 15 July from 10am – 5.30pm.

Director: Sue Daniel

The lives of our ancestors affect us even though we might not know why. Their stories linger and their experiences may be passed on to us through a kind of "psychological gene". Certain aspects of our lives may be difficult to explain or identify. The healing factor lies in taking the roles of the ancestors and role reversing with them. This workshop is for those who wish to explore and enter into realms not easily touched or understood.

Fee: \$150.00 (MPS members), \$250.00 (non-members), Deposit \$50.00 by 29 Jun.

Workshops Calendar continued...

September: “Tukua” – Letting Go

Sunday: 16 September from 10am – 5.30pm.

Director: Lethe Gaskin

This day is for releasing things that which we no longer wish to hold on to. Using the Psychodrama Method, the group spirit and our ability, all will enable us to work through this day, letting go, creating refreshment and allowing us to enter new realms. This workshop is suitable for those who wish to develop their well-being and life energy, and are able to enter the process with others.

‘He puna wai e utuhia, he wai kei aku kamo.
Te pua korau e ruia, e tipu i te waru.’
“Like the spring well are the tears from my eyes,
Like the nectar shaken free, in the summer breeze.”
(Whai Ngata)

Fee: \$100.00 (MPS members) (\$150 for non-members), Deposit \$50.00 by 13 July.
Applications and enquiries to be made directly to Lethe Gaskin: 0481 828 869

October 4-Day Psychodrama Workshop: Catching the Moment.

Friday to Monday: 12, 13, 14 & 15 October 2018 from 10.00am - 5.30pm.

Director: Sue Daniel

In the present moment new things happen, fresh perspectives are gained and neural pathways reform. In the here and now we have the opportunity to ‘be’ and to make new choices. This is precious. We can develop new roles and role relationships with others and ourselves. We can connect more strongly with ourselves.

This workshop is designed for those interested in finding creative new ways of being, to enrich your work life, and personal and social relationships. It will suit people who are working in a range of fields, communities and organizations, in the health and education fields, youth work and pastoral care. Methodology includes all aspects of the psychodrama method and some theoretical input.

Participants in this workshop can expect to enjoy themselves while experiencing the fullness of the psychodrama method, become more confident, and gain additional skills in leadership and groupwork.

Fee: \$550.00 (MPS members) or \$750.00 (non-members). Deposit \$50.00 due by Friday, 14 September. Early bird fee \$500.00/\$700.00 if paid by Friday, 2 February. Morning and afternoon tea is included. Bring a plate to share at the lunch table.

OTHER GROUPS AND ACTIVITIES

Supervision Group

Friday Morning Psychodrama Small Group Supervision

Last Friday each month from 9.30 am-12.30 pm.

(30 professional development hours)

This ongoing supervision group is for psychodrama practitioners, trainees and other professionals. Participants will have the opportunity to bring forward aspects of their work with clients or groups, to further develop their skills and roles as group leaders, clinicians and practitioners. The material will come from the group.

Supervisors: Sue Daniel and Katrina Gaskin

Dates: 23 Feb. 23 Mar. (due to Easter), 27 Apr. 25 May, 29 Jun. 27 Jul. 31 Aug. 21 Sep. (due to AFL), 26 Oct. & 30 Nov.

Fee: \$40.00 per session (MPS members), \$70.00 (non-members of MPS) or full course fee is \$350.00/\$650.00 and due by 2 February.

Friday Lunchtime Reading Group

First Friday of the month, March to November from 12.45 to 1.45 p.m.

(27 training or professional development hours)

This lively group is designed to suit those with an hour to spare at lunchtime. Budding writers, trainees and practitioners are welcome! We discuss psychodrama works; DVD's and literature and other related material. A moderator will send out the material for reading or viewing early in the week and lead an invigorating discussion. BYO lunch. *To book your place, call or text one week in advance:* 0417 586 791

Dates: 2 Mar, 6 Apr, 4 May, 1 Jun, 6 Jul, 3 Aug, 7 Sep, 5 Oct. & 2 November.

Fee: \$10.00 per session includes freshly brewed coffee and a selection of fine teas.

Peer Practitioner Groups

Thursday Evening Psychodrama Peer Practitioner Group

(5 Thursdays + 4 Sundays x 4 hrs: 31 professional development hours)

This group is for accredited psychodrama practitioners and those in the practicum level as created and organised by the participants. *Please note the time on Sundays.*

Dates:

4 *Sundays:* 25 Feb. (1-5pm), 17 Jun. (9-1pm), 19 Aug. (9-1pm) & 25 Nov. (1-5pm)

5 *Thursdays:* 19 Apr. from 7.30-10.30 pm & 10 May, 19 Jul, 27 Sep, & 18 Oct.

Fee: \$50.00 (5 Evenings)/\$10 a session and \$320.00 (4 Sundays)/\$80 a session.

For all applications and interviews contact Sue on 0417 586 791.

Friday Morning Psychodrama Peer Group

1st Friday of the month from 9.30 am – 12.30 p.m

(27 training or professional development hours)

This group, for advanced trainees and practitioners provides an opportunity for peer practice in leading a group with a trainer on hand. Participants will have the opportunity to bring forward aspects of their work to further develop their skills and roles as psychodrama directors and group leaders.

Dates: 2 Mar, 6 Apr, 4 May, 1 Jun, 6 Jul, 3 Aug, 7 Sep, 5 Oct. & 2 November.

Fee: \$35.00 per session (with Trainers Sue/Katrina), \$10.00 (when with peers only).

OTHER GROUPS AND ACTIVITIES continued...

Personal and Professional Workshops

During the year accredited psychodrama trainers and practitioners conduct personal development, professional development and supervision groups at PIM. The purpose of these groups is to develop greater strength and skills, resolve minor conflicts and develop more effective relationships with yourself and others.

Sue Daniel (0417 586 791) is conducting a series of **Personal Development for Professionals Workshops** on Friday Afternoons during 2018:

February/March: 23 Feb, 2 Mar. (not 9 Mar.), 16 & 23 March from 2.30-5.30 pm.

May/June: 25 May, 1 Jun. (not 8 Jun.), 15 & 22 June.

October/November: 19 & 26 Oct. (not 2 Nov.), 9 & 16 November.

Lethe Gaskin (0481 828 869) is conducting a **Personal Development Group** on Monday Evenings from 7 – 10pm throughout the year:

8-week group: Apr. 9 - 28 May

8-week group: June 25 – 13 Aug.

4-week group: Sep.17 - 8 Oct.

Gavin O'Loughlin (0403 597 685) is conducting a One-Day Personal Development Group, "Finding Your Confidence" on Sunday, 29 July, 10 am – 5 pm.

Counselling and Psychotherapy Sessions

Individual, couple and family therapy sessions are available from practitioners working at PIM. The following practitioners may be contacted directly:

Sue Daniel: 0417 586 791, Lethe Gaskin: 0481 828 869, Melas Khole: 0427 174 008

The Theatre of Spontaneity

Last Sunday of each month: February – November (10 evenings)

Gathering at 6 00pm for 6.30pm start, concludes at 8.30pm

The Moreno Psychodrama Society hosts the Theatre of Spontaneity (ToS) on the last Sunday of each month. These gatherings provide an opportunity for people who would like to meet and explore what is happening in the world, regarding community or cultural events, relationships and values. ToS provides a stage to deepen our connections with each other using a range of psychodrama techniques and methods and a host of other creative applications of the method. The theme and presenter for each session is posted on our blog (see website below) each month. A selection of fine teas and freshly brewed coffee will be available from 6.00pm. All are welcome!

(Participants can gain 20 professional development hours over 10 sessions.)

Dates: 25 Feb, 25 Mar, 29 Apr, 27 May, 24 Jun, 29 Jul, 26 Aug, 30 Sep, 28 Oct & 25 Nov.

Venue: 1/10-12 Adolph St, Cremorne (next to East Richmond Railway Station)

Fee: \$20.00 (\$15.00 for MPS members) Includes light refreshments.

Enquiries: ToS Co-ordinator, Gavin O'Loughlin - 0403 597 685

www.moreno-psychodrama-society.com

The Moreno Psychodrama Society

The Moreno Psychodrama Society (MPS) is a body of people working together to bring psychodrama into many areas of our world. It is the umbrella organisation for the Psychodrama Institute of Melbourne (PIM) and the Psychodrama Institute of Aotearoa (PiA), accredited training institutes with the Australian and Aotearoa Board of Psychodrama (ABP) that stands for, and promotes the development of relationship and community through the unique expression of the members. The group has the power to heal and together we can do many things. Being in the moment, working with 'what is', brings about change and development, connection and greater spontaneity.

Benefits of Membership

- * Belonging to a Living Thriving Community
- * The Psychodrama Blog
 - * An E-journal "The Mirror" published twice a year
 - * Access to the PIM Library
 - * Reduced rates into MPS events
 - * Contributions to the creation of new ideas and developments
- * Links and affiliations with overseas organisations and institutes
 - * Lunctime Reading Groups
 - * An active website
- * Professional Body for psychodrama trainers, practitioners and trainees

Chairperson: Lyndon Medina (0417 248 416)

Email: MorenoSociety@netspace.net.au

Postal Address: Box 371, East Melbourne 8002

www.moreno-psychodrama-society.com

The Australian and Aotearoa (New Zealand) Board of Psychodrama

The Board consists of four members: Lethe Gaskin (Chairperson), Sue Daniel, Katrina Gaskin and Helen Fryer. The Board is responsible for the accreditation and certification of psychodramatists. Certified Psychodramatists are expected to maintain their registration as accredited practitioners of the Moreno Psychodrama Society (MPS) through subscription and keep up with relevant professional development for the benefit of themselves, their community and their clients.

Since 2001, the Board have accredited over 50 Psychodramatists (Psychodrama Directors), over 60 Assistant-Directors, and over 100 people have achieved the certificate of Auxiliary-Ego. There are 120 papers, theses, journal articles and projects in the PIM library, the work of the above practitioners, trainees and trainers. There are currently two training Institutes accredited with the Board, the Psychodrama Institute of Melbourne (PIM) and the Psychodrama Institute of Aotearoa (PiA).

Enquiries: The Chairperson, ABP, P.O Box 371, East Melbourne, Victoria 8002

PIM Faculty



Sue Daniel is an international trainer, educator and practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide. She is a psychologist and psychotherapist in private practice and the director of the Psychodrama Institute of Melbourne (PIM). Sue founded the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama. Sue enjoys travelling, writing and her home.

Lethe Gaskin is a Psychodramatist (TEP), psychologist and group psychotherapist working in private practice in Melbourne and a supervisor and consultant in the Health field. She is the Co-Founder of the Psychodrama Institute of Aotearoa (New Zealand) and the Chairperson of the Australian and Aotearoa Board of Psychodrama.



Katrina Gaskin is a psychodramatist (TEP), counsellor and supervisor working in private practice in Melbourne. She is the Co-Founder of the Psychodrama Institute of Aotearoa (PIA) and a founding member of MPS and the ABP.

Lyndon Medina is a Psychodramatist and Chairperson of the Moreno Psychodrama Society. He is a counselling psychologist at RMIT University. He provides individual counselling and conducts personal and professional development workshops for the university community. Lyndon has a small private practice and he loves his family.



Melas Khole (not pictured) is an accredited Psychodramatist and psychologist in full time private practice. He worked in the Forensic (prison) system for 10 years.



Visiting Teacher

Jun Maeda is an accredited Psychodramatist, clinical psychologist and Professor of Psychology at the Muroran Institute of Technology. He is a pioneer of psychodrama in Hokkaido, Japan. His significant career includes organising psychosocial support activities for disaster settings and overseas cooperation with the Japan Red Cross Society and the International Federation of Red Cross and Red Crescent Society.

Other Training Information

Qualification for Admission

Applicants are not required to have previous experience in psychodrama, but must have other relevant training, for example, a graduate degree or the equivalent and have the resources to commit themselves to the training program and its requirements. Although many trainees go on to certification, some may enrol to enlarge their armamentarium of intervention, to learn more about action and group methods. Interviews are essential for Level 1 applicants and trainees resuming training, transferring from other institutes or those from overseas.

Assessment and Accreditation

The training events within this program are assessed within the institute in consultation with the Australian and Aotearoa (New Zealand) Board of Psychodrama (ABP). On completion of a year of training a person may achieve the level of Auxiliary Ego. The second certificate of Assistant-Director may be gained after three years of ongoing training and a written paper. Completion of five years of training in the psychodrama method provides an opportunity for a person to apply to become a Psychodramatist. This may involve a further year in a practicum group, ongoing supervision and peer meetings. A minimum of 800 hours of training is required which includes 700 hours of ongoing training and education, 50 hours of group supervision and 50 hours of one-to-one supervision, two papers or paper and a project. There are extra fees for supervision, paper assessments and the practicum. Practicums are normally held in May. All training courses for PIM trainees are accredited through PIM, the Australian and Aotearoa Board of Psychodrama and the Moreno Psychodrama Society.

Applications and Fees

Applications for each event close on the due by date. Send in the completed application form with full payment or a deposit. The balance is normally paid before the commencement of each course or another method of payment can be discussed with the Trainer. We take most credit cards. Training and supervision fees are inclusive of and attract GST. Deposit amounts are non-refundable.

The PIM Library

Trainees and members of MPS may borrow books, articles and audio-visual resources for up to 2 weeks. The PIM library is a rich resource with papers, theses and projects, illustrating the wide application of the psychodrama method. It contains the *George Cally* section, donated by Clare Cally with material related to psychodrama, group psychotherapy and action methods and the *Zerka T. Moreno* section, with a unique selection of International material, DVD's, books and articles.

Venue

Unless otherwise specified, all workshops and seminars are held at the Psychodrama Institute of Melbourne, 1/10-12 Adolph St, Cremorne, 3121 Victoria, Australia

Enquiries: Administrator, Ted Bugarski: 0410 536 791 or PIM@netspace.net.au

www.psychodrama-institute-melbourne.com

APPLICATION FORM

2018 Training Courses, Workshops and Seminars

I enclose \$..... (Full payment/Deposit)

Psychodrama Institute of Melbourne

1/10-12 Adolph St, Cremorne 3121

ABN 19957 447 677

(Please tick the relevant box/es – Minimum deposit: \$50.00)

Ongoing training courses include the Open Night, Friday, 16 February 2018:

- Level 1: 6 Wednesday Evenings & one Sunday - Term 1: \$575.00
- Level 2/3: 6 Thursday Evenings & one Sunday - Term 1: \$575.00
- Level 2/3: 6 Tuesday Evenings & one Sunday - Term 1: \$575.00
- (Full Year fee for the 4 Terms is \$2,150.00 if paid by 2 February 2018)

Workshops:

- Finding your Comfortable Place. *J. Maeda*: \$150.00 (\$250 non-members)
- Come to the Table. *K. Gaskin*: \$100.00 (\$150.00 non-members)
- Introduction to Psychodrama, 22 April. *L. Gaskin*: \$30.00 (p.8)
- Liberation Through Role Training. *S. Daniel*: \$150.00 (\$250 non-members)
- Training for Trainers Weekend. *S. Daniel*: 12 & 13 May. \$350.00/\$550.00
- Unfinished Business. *L. Medina*: \$75.00 (\$150.00 non-members)
- Transforming Transgenerational Trauma. *S. Daniel*: \$150.00 (\$250 non-members)
- "Tukua" - Letting Go. *L. Gaskin*: \$100.00 (\$150.00 non-members).
- 4-Day Psychodrama Workshop: Catching the Moment. *S. Daniel*: 12-15 Oct. \$550.00 (Members), \$750.00 (non-members). Early Bird fees (p.10)
- Introduction to Psychodrama, 28 October. *S. Daniel*: \$30.00 (p.8)

Supervision and Peer Groups:

- Friday Morning Group Supervision: 10 sessions.
- Monthly Friday Reading Group, 1st Friday of the month, 12.45 – 145 p.m.
- Peer Group: 5 Thursday Evenings plus 4 half days on Sundays in 2018.
- Friday morning Peer Group, 1st Friday of the month: 9 sessions.

Moreno Psychodrama Society's Annual Membership Subscription (Due 16 Feb. '18):

- Trainees: \$30.00 (includes e-Journal)
- Friends of MPS: \$35.00 (includes e-Journal)
- Accredited Practitioners: \$35.00 (includes Practice Certificate & e-Journal)

Total Fees:.....\$ _____

Payment (credit card, cash or direct debit):.....\$ _____

Balance owing:.....\$ _____

Applicant's details over this page...

Psychodrama Institute of Melbourne

www.psychodrama-institute-melbourne.com

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M: 0410 536 791