

Personal Development Group for Psychologists with Lyndon Medina

5 Tuesday Evenings from 6.30-9.30 p.m.

We are continuously evolving!

The aim of self-development is growth. We are continuously developing emotionally, psychologically, spiritually and professionally. This five-session group will provide the space and environment to explore your growth edges, develop new roles and perspectives, reinforce your strengths, and prepare the steps toward your personal goals. The group will suit psychologists and provisional psychologists who are ready to go that extra stride and go deeper in their sense of self and facilitate the spontaneity and creativity within. This workshop will utilise the group process as well as the experiential and psychodramatic approach to personal development.

Maximum number in group: 8 people



Dates: Tuesday night, 5 continuing sessions 10, 17, & 24 April, and 01 & 08 May

Time: 6.30 p.m. - 9.30 p.m. (3 hours)

Cost: \$250.00

Venue: 1/10-12 Adolph St., Cremorne, VIC. Psychodrama Institute of Melbourne
(100 meters from East Richmond Train Station)

Contact: Lyndon Medina on 0417 248 416 or lyndon.medina@rmit.edu.au

Lyndon Medina, MAPS, MCCOUNP is a counselling psychologist and an accredited and certified psychodramatist. He is a senior counsellor at the RMIT Counselling Service and an assistant trainer at the Psychodrama Institute of Melbourne. Lyndon is the Chairperson of the Moreno Psychodrama Society. He has been a practising psychologist since 1997.