

freshstart

Completing Unfinished Business ONE DAY CONFERENCE

Saturday, 23 February from 9.30am – 6pm



JUN MAEDA



LYNDON MEDINA



SUE DANIEL

Sometimes we drag things along with us, from year to year, and perhaps don't appreciate that we don't have to do this. Now is the time to release yourself from ongoing burdens, things that don't belong to you but somehow have attached themselves to you, or that you've taken them on for some reason. In this workshop you can release yourself from these things, make new choices, look at developing new roles that will take you forward in 2019. A fresh start.

Each presenter will work with an aspect of the psychodrama method in two-hour sessions. Further information on the leaders can be found in the PIM Program on the website.

Warm Up: 9.30am, **Session 1:** 10-12, **Session 2:** 1.30-3.30, **Session 3:** 4-6.

Fee: \$150.00 (MPS members) \$250.00 (non-members) Deposit \$50.00 due Mon. 11 Feb Morning and afternoon tea is included. Bring a plate for the lunch table.

Venue: Psychodrama Institute of Melbourne 1/10-12 Adolph St Cremorne 3121

M: 0410 536 791

<http://www.psychodrama-institute-melbourne.com>