Role Reversal—an essential commodity in today’s world

Saturday and Sunday: 4 & 5 May 2019 from 10am – 5.30pm

**Director:** Sue Daniel

In this workshop we will look at ourselves in relation to the others around us, get into their shoes, see ourselves as others see us, try on new roles and experience some refreshing new dynamics in our relationships. The essence of role training involves mirroring and role reversal. In some contexts, it is best not to role reverse with some people, not to see things from their perspective. We have a choice. We can develop new responses to old situations, and novel responses in new ones through role training; an invigorating process of learning through action. This workshop is for anyone working in fields where repetitive patterns of behaviour and stuck systems prevent new growth and healthy relationships. It will suit those experiencing conflict situations in their work, family or social relationships, and those wanting a greater connection with themselves and others.

The leader for this workshop is Sue Daniel. She is a psychotherapist in private practice and conducts training workshops globally.

**Fee:** $300.00 (MPS members) $400.00 (non-members) Deposit $50.00 by 26 April.

Morning and afternoon tea are included. Bring a plate to share at for lunch.

**Venue:** Psychodrama Institute of Melbourne 1/10-12 Adolph St Cremorne 3121

**M:** 0410 536 791

www.psychodrama-institute-melbourne.com