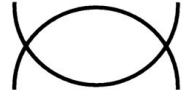


Psychodrama Institute of Melbourne



2019 Training Program



Training in Psychodrama, Sociometry, Role Training, Sociodrama,
Role Theory, Leadership and Group Work

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The Psychodrama Institute of Melbourne

The Psychodrama Institute of Melbourne (PIM) provides training, supervision, and professional & personal development courses in leadership, psychotherapy, counselling, staff development and organisational consultancy. The institute has at its core the sociometric principles of the founders of psychodrama, Dr. J. L. Moreno (1889-1974) and Zerka T. Moreno (1917-2016). The Director of PIM is Sue Daniel.

The Training Program

The aim of the training is to develop theoretical knowledge and practical ability in the methods of psychodrama, sociometry, sociodrama, role training and group work through informal mini-lectures, supervision, reading, writing and supervised practice in groups. The training is designed for people working or studying in such fields as psychology, psychiatry, psychotherapy, social work, education, welfare, the arts, health, counselling, organisations and pastoral care. The program includes one night per week in a group (6 weeks x 4 terms: 24 weeks), weekend or day workshops, seminars, individual and small group supervision, peer groups and a range of activities hosted by the Moreno Psychodrama Society.

Methodology: The experiential method interwoven with theoretical knowledge is at the core of the program. This method involves trainees actively experiencing the emotional and sensory impact associated with participation and involvement in a situation, while experiencing full intellectual functioning. Role analysis and group interaction are all part of the learning process. While psychodrama techniques and role theory are integral to the training process other creative methods are also used.

Training Activities: Training generally begins with Level 1 (1 year), followed by Level 2 (2 years) and then Level 3 (2 years). This ongoing training is held over 4 terms each year and includes workshops, peer sessions, writing and supervised practice. Trainees are encouraged to apply their new learning between terms as this contributes richly to their growth. We expect trainees to be able to recognise their strengths and growing edges as the learning proceeds. One-to-one supervision is a requirement and additional fees apply. 'Living Creatively', the 4-Day Psychodrama Workshop in November, and other workshops in our program, are open to trainees, practitioners and those interested in the diverse applications of the psychodrama method.

Peer Practitioner and Supervision Groups

Peer Groups are held regularly and are designed for accredited practitioners and advanced trainees who want to further develop their expertise in individual counselling, psychotherapy, leadership and group work.

The monthly *Supervision Group* allows for a unique small group supervision process. The sessions provide an in-depth focus on all aspects of practice, philosophy and theory as well as participants' functioning as group leaders or one-to-one practitioners.

Description of Curricula

The training program for 2019 includes the essentials of psychodrama theory and practice and its practice in any culture or setting. Knowledge and application of systems theory, role theory, surplus reality, psychodramatic techniques, sociometry, sociodrama and role training are covered. To encourage a full experience of the method, the training groups may sometimes be made up of participants from all levels. This structure exposes new and advanced trainees to a rich experience of the method including learning about group dynamics and processes, making the training very lively. Trainees are taught directing, role analysis, group leadership and auxiliary skills through coaching and supervised practice. Trainees who apply their learning in their workplace are required to have regular supervision and each trainee's unique expression is encouraged. This process of training equips trainees in the greater application of the psychodramatic method in their work and life as well the development of the skill and confidence to conduct different types of group sessions and do psychodramatic work with a range of people.

Creativity and spontaneity is at the heart of the psychodrama process and trainees are encouraged to take initiative in their own development. It is expected that they will attend all sessions of their training group, additional workshops and other events. There is some written work. At the end of the first year, a reflection piece is required. Within two years of training we expect that most trainees will have completed a paper on the practical application of psychodrama, or, a social and cultural atom paper. Trainees may also start to prepare their major paper, a journal article or thesis on a specific interest or on their application of the method, or create a project. The ability to work independently and have a clear sense of self is a significant factor in becoming a psychodramatist. Every advanced trainee must have run a group and be in an ongoing one to one supervisory process in order to complete their training.

Practicum for Psychodrama Directorship:

Trainees who have completed two papers or a paper and a project or thesis, and have a minimum of 800 training hours, 100 of which comprise at least 50 hours of one-to-one supervision and 50 hours of small group supervision, may, after consultation with their trainers, supervisor and training group, apply in writing to the Australian and Aotearoa Board of Psychodrama to do their practicum (p.14).

Supervision: Ongoing one to one supervision is essential for all trainees. We also recommend attending monthly small group supervision sessions on Friday mornings. Attendance in a peer group, led by a trainer also counts towards supervision hours.

Personal and Professional Development Groups: These psychodrama groups are open for anyone who wishes to explore and enter into new and vital ways of living. Trainees may also want to avail themselves of some extra role development in this therapeutic environment and practice their auxiliary skills (p.11).

Individual Psychotherapy and Counselling:

Sessions for individuals, couples, children and families are by appointment. Contact the office (0417 586 791) or the individual practitioners (see page 11 for details).

Training Program 2019

Level 1/2 - Wednesday Evening Training Group

(Plus, your choice of weekend workshops and seminars)

Opening Session: Friday, 22 February from 7.30 – 10.30 pm (for trainees and guests).

Term 1: 6 Wednesday evenings and 1 Sunday

Commencing on Wednesday 27 Feb. from 7.30 – 10.30 p.m and continuing 6, 13, 20 & 27 March & 3 April, plus Sunday, 24 March from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Application form with deposit of \$50.00, or full payment is due by Monday, 11 Feb.)

All additional Seminars and Workshops in 2019 (10% discount for trainees) pp.8-10:

Saturday, February 23: Fresh Start: Completing Unfinished Business with Jun Maeda, Lyndon Medina and Sue Daniel.

May 4 & 5: Walk a Mile in My Shoes: Role Reversal an essential commodity in today's world.

The Psychodrama Seminars – 3rd Friday monthly: Beginning **15 February** from 7.30-9pm.

Topic: Social Networks presented by Sue Daniel & then **Family Systems** on **15 March**.

Term 2:

6 Wednesday evenings and 1 Sunday

Re-commencing Wednesday 15 May from 7.30 – 10.30 p.m and continuing 22 & 29 May, 5, 12 & 19 June, plus Sunday, 19 May from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Due by 15 May).

The Psychodrama Seminars continue 17 May, 21 June and 19 July from 7.30-9pm.

Term 3:

6 Wednesday evenings and 1 Sunday

Re-commencing Wednesday 17 July from 7.30 – 10.30 p.m and continuing 24 & 31 July, 7, 14 & 21 August, plus Sunday, 28 July from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Due by 17 July).

Sunday, September 22: Psychodramatic Spring Cleaning with Lethe Gaskin.

November 2-5: Living Creatively: 4-Day Psychodrama Workshop with Sue Daniel.

The Psychodrama Seminars: Friday nights, 16 August (TBA), **20 September: Teaching Empathy to Violent Men in a Prison/Therapeutic Community** with Melas Khole and **18 October: To Dream Again** with Sue Daniel.

Term 4:

6 Wednesday evenings and 1 Sunday

Re-commencing Wednesday 23 October from 7.30 – 10.30 p.m and continuing 30 Oct, 6, 13, 20 & 27 November, plus Sunday, 10 November from 10.00 a.m – 5.30 p.m.

Fee: \$585.00 (Due by 23 October).

End of Year Session: Friday, 29 November from 7.30 – 10.30 pm (for trainees and guests).

Training Program continued...

Level 3 - Tuesday Evening Training Group

(Plus, your choice of workshops and seminars)

Opening Session: Friday, 22 February from 7.30–10.30pm (for trainees and guests).

Term 1: 8 Tuesday evenings and 1 Sunday

Commencing on Tuesday, 26 February from 7.30 – 10.30 p.m and continuing 5, 12, 19 & 26 March and 2 April, (*and 2 peer sessions on 9 & 16 April*), plus Sunday, 17 March, 10am-5.30pm.

Fee: \$605.00 (Application form with deposit \$50.00, or full payment is due by Monday, 11 Feb.)

All additional Seminars and Workshops in 2019 (10% discount for trainees) pp.8-10:

Saturday, February 23: Fresh Start: Completing Unfinished Business with Jun Maeda, Lyndon Medina and Sue Daniel.

May 4 & 5: Walk a Mile in My Shoes: Role Reversal an essential commodity in today's world with Sue Daniel.

The Psychodrama Seminars: 3rd Friday monthly. Beginning **15 February** from 7.30-9pm.

Topic: Social Networks presented by Sue Daniel & then **'Family Systems' 15 March.**

Term 2:

7 Tuesday evenings and 1 Sunday

Commencing 14 May from 7.30 – 10.30 p.m and continuing 21 & 28 May and 4, 11 & 18 June (and 25 June is a peer night), plus Sunday, 26 May from 10.00 am – 5.30 pm.

Fee: \$595.00 (Due by 14 May).

The Psychodrama Seminars continue 17 May, 21 June and 19 July from 7.30-9pm.

Term 3:

9 Tuesday evenings and 1 Sunday

Commencing 16 July from 7.30 – 10.30 p.m and continuing 23 & 30 July and 6, 13 & 20 August (plus 3 peer nights, 27 Aug, 3 & 10 Sept.) plus Sunday, 11 August from 10.00 am – 5.30 pm.

Fee: \$615.00 (Due by 16 July).

Sunday, September 22: Psychodramatic Spring Cleaning with Lethe Gaskin.

November 2-5: Living Creatively: 4-Day Psychodrama Workshop with Sue Daniel.

The Psychodrama Seminars: Friday nights, 16 August (TBA), **20 September: Teaching Empathy to Violent Men in a Prison/Therapeutic Community** with Melas Khole and **18 October: To Dream Again** with Sue Daniel.

Term 4:

5 Tuesday evenings, 1 Friday evening and 1 Saturday

Commencing 22 October from 7.30 – 10.30 p.m and continuing 29 Oct (no session Melbourne Cup Day), Friday evening, 15 Nov & Saturday 16 November from 10.00 a.m – 5.30 p.m and Tuesday evenings: 12, 19 & 26 November.

Fee: \$585.00 (Due by 22 October).

End of Year Session: Friday, 29 November from 7.30 – 10.30 pm (for trainees and guests).

Training Program continued...

Level 3: Thursday Evening Training Group

(Plus, your choice of workshops and seminars)

Opening Session: Friday, 22 February from 7.30 – 10.30 pm (for trainees and guests).

Term 1: 8 Thursday evenings and 1 Sunday

Commencing on Thursday 28 Feb. from 7.30 – 10.30 p.m and continuing 7, 14, 21 & 28 March and 4 April (*and 2 peer sessions on 11 & 18 April*), plus Sunday, 3 March from 10am – 5.30pm.

Fee: \$605.00 (Application form with deposit, \$50.00 or full payment is due by Monday, 11 Feb.)

All additional Seminars and Workshops in 2019 (10% discount for trainees) pp.8-10:

Saturday, February 23: Fresh Start: Completing Unfinished Business with Jun Maeda, Lyndon Medina and Sue Daniel.

May 4 & 5: Walk a Mile in My Shoes: Role Reversal an essential commodity in today's world with Sue Daniel.

The Psychodrama Seminars: 3rd Friday monthly. Beginning **15 February** from 7.30-9pm.

Topic: Social Networks presented by Sue Daniel & then **Family Systems** on **15 March**.

Term 2:

7 Thursday Evenings and 1 Sunday

Recommencing 16 May from 7.30 – 10.30 p.m and continuing: 23 & 30 May and 6, 13 & 20 June (*and 27 June is a peer night*) plus Sunday, 2 June from 10.00 a.m – 5.30 p.m.

Fee: \$595.00 (Due by 16 May)

The Psychodrama Seminars continue 17 May, 21 June and 19 July from 7.30-9pm.

Term 3:

9 Thursday Evenings and 1 Sunday

Recommencing 18 July from 7.30 – 10.30 p.m and continuing 25 July, 1, 8, 15 & 22 August (*and 3 peer nights, 29 August, 5 & 12 September 20 Sept.*) plus Sunday, 21 July, 10am – 5.30pm.

Fee: \$615.00 (Due by 18 July)

Sunday, September 22: Psychodramatic Spring Cleaning with Lethe Gaskin.

November 2-5: Living Creatively: 4-Day Psychodrama Workshop with Sue Daniel.

The Psychodrama Seminars: Friday nights, 16 August (TBA), **20 September: Teaching Empathy to Violent Men in a Prison/Therapeutic Community** with Melas Khole and **18 October: To Dream Again** with Sue Daniel.

Term 4:

6 Thursday evenings and 1 Sunday

Recommencing 24 October from 7.30 – 10.30 p.m and continuing 31 October, 7, 14, 21 & 28 November plus Sunday, 17 November from 10.00 a.m to 5.30 p.m.

Fee: \$585.00 (due by 24 October)

End of Year Session: Friday, 29 November from 7.30 – 10.30 pm (for trainees and guests).

2019 – Calendar of Workshops

Fresh Start: Completing unfinished business

Saturday, 23 February from 9.30am – 6pm

Directors: Jun Maeda, Lyndon Medina and Sue Daniel

Sometimes we drag things along with us, from year to year, and perhaps don't appreciate that we don't have to do this. Now is the time to release yourself from ongoing burdens, things that don't belong to you but somehow have attached themselves to you, or that you've taken them on for some reason. In this workshop you can release yourself from these things, make new choices, look at developing new roles that will take you forward in 2019. A fresh start.

Each presenter will work with an aspect of the psychodrama method in two-hour sessions. *Warm Up:* 9.30am, *Session 1:* 10-12, *Session 2:* 1.30-3.30, *Session 3:* 4-6.

Fee: \$150.00 (MPS Members), \$250.00 (non-members) Dep. \$50.00 due by Mon. 11 Feb. Morning and afternoon tea, with freshly brewed coffee and a selection of fine teas is included. Bring your choice of food to share at the lunch table.

Walk a mile in my shoes: Role reversal an essential commodity in today's world

Saturday and Sunday: 4 & 5 May from 10am – 5.30pm

Director: Sue Daniel

In this workshop we will look at ourselves in relation to the others around us, get into their shoes, see ourselves as others see us, try on new roles and experience some refreshing new dynamics in our relationships. In some contexts, it is best not to role reverse with some people, not to see things from their perspective. We have a choice. We can develop new responses to old situations, and novel responses in new ones, through role training; an invigorating process of learning through action. The essence of role training involves mirroring and role reversal. This workshop is for anyone working in fields where repetitive patterns of behaviour and stuck systems prevent new growth and healthy relationships. The workshop is recommended for those working in organisations, schools, health fields, those experiencing conflict in their personal, work or social relationships, and those wanting a greater connection with themselves and others.

Fee: \$300.00 (MPS members) \$400.00 (non-members) Deposit \$50.00 by 26 April.

Training for Trainers Weekend

Saturday & Sunday, May 11 & 12 from 10am – 5.30pm.

Trainer: Sue Daniel

This annual weekend workshop is designed for trainers and practitioners, who want to hone their unique ability to teach, supervise and lead groups with enhanced spontaneity and creativity. The material will come from the group.

Fee: \$350.00 (MPS members), \$550 (non-members), Deposit \$50.00 by 11 Feb.

Workshops Calendar continued...

Psychodramatic Spring Cleaning

Sunday, 22 September from 10am – 5.30pm.

Director: Lethe Gaskin

Bringing forward roles and relationships, to allow some of them to shine and deciding where to put others. Using the Psychodrama Method, the group spirit and our abilities, all will enable us to work through this day creating refreshment and allowing us to enter new realms. This workshop is suitable for those who wish to develop their well-being and life energy, and are able to enter the process with others.

Fee: \$100.00 (MPS members) (\$150 for non-members), Deposit \$50.00 by 13 July. Applications and enquiries to be made directly to Lethe Gaskin: 0481 828 869

Living Creatively: 4-Day Psychodrama Workshop

Saturday to Tuesday: 2-5 November 2019 from 10.00am - 5.30pm.

Director: Sue Daniel

Everyone is creative. How we live our lives, work, study, make changes and create the spaces around us, all of this involves creativity, which is the origin of learning. The more we connect with this source, the more we can become spontaneous and expressive. As life becomes more vibrant, we become more energetic and involved in life, with the result that we have more empathy for ourselves and others.

This workshop is designed for people interested in finding creative new ways of being, to enrich your work life, and personal and social relationships. It will suit people who are working in a range of fields, communities and organisations, in the health and education fields, youth work and pastoral care.

Methodology includes all aspects of the psychodrama method and some theoretical input.

Participants in this workshop can expect to enjoy themselves while experiencing the fullness of the psychodrama method, become more confident, and gain additional skills in leadership and groupwork.

Fee: \$550.00 (MPS members) or \$650.00 (non-members). Deposit \$50.00 due by Monday, 16 September. Early bird fee \$500.00/\$600.00 if paid by Monday, 11 February.

Morning and afternoon tea are included. Bring a plate to share at for lunch.

OTHER GROUPS AND ACTIVITIES

New Workshop Series in 2019:

The Psychodrama Seminars

3rd Friday of the month: February - October from 7.30-9 pm

During 2019, on the 3rd Friday of each month, from February to October the Psychodrama Institute of Melbourne is hosting 8 psychodrama seminars on the theory and application of the psychodrama method in a range of settings and cultures. The topic for the first seminar on *Friday 15 February* is '**Social Networks**'. Sue Daniel is the presenter. Sue will also invite several guest presenters to contribute to this unique event. Please visit the website for topics posted closer to the date:

www.psychodrama-institute-melbourne.com

Dates:

Beginning Friday, 15 February: Topic: Social Networks

15 March: **Family Systems**. (No session in April due to Easter.) 17 May, **Empathy Training**. Other sessions: 21 June, 19 July & 16 August. On *20 September*, Melas Khole will present: '**Teaching Empathy to Violent Men in a Prison/Therapeutic Community**', and on *18 October*, Sue will conclude the series with '**To Dream Again**'.

Fee: \$30.00 per session (RSVP is best one week before a session (0417 586 791).

Supervision Group

Friday Morning Psychodrama Small Group Supervision

Last Friday each month from 9.30 am-12.30 pm.

This ongoing supervision group is for psychodrama practitioners, trainees and other professionals. Participants will have the opportunity to bring forward aspects of their work with clients or groups, to further develop their skills and roles as group leaders, clinicians and practitioners. The material will come from the group.

Supervisors: Sue Daniel and Katrina Gaskin

Dates: 29 March, 26 April, 31 May, 28 June, 26 July, 30 August, 27 September & 25 October.

Fee: \$40.00 per session (MPS members), \$70.00 (non-members) or the full course fee is \$300.00/\$500.00 if paid by 11 February 2019.

Friday Lunchtime Reading Group

First Friday of the month, March to November from 12.45 to 1.45 p.m.

This lively group is designed to suit those with an hour to spare at lunchtime. Budding writers, trainees and practitioners are welcome! We discuss psychodrama works; Literature and Podcasts and other related material. A moderator will send out the material for reading or viewing early in the week and lead an invigorating discussion. BYO lunch. *To book your place, call or text one week in advance:* 0417 586 791

Dates: 1 Mar, 5 Apr, 3 May, 7 Jun, 5 Jul, 2 Aug, 6 Sep, 4 Oct. & 1 November.

Fee: \$10.00 per session includes freshly brewed coffee and a selection of teas.

Peer Practitioner Groups

Thursday Evening Peer Practitioners Group

(5 Thursdays + 3 Sundays: 37.5 professional development hours)

This group is for accredited psychodrama practitioners and those in the practicum level as created and organised by the participants.

Dates:

5 Thursdays from 7.30-10.30 pm: 21 Feb, 2 May, 11 Jul, 19 Sep, & 17 October.

3 Sundays from 10-5.30 pm: 7 April, 16 June & 18 August with Sue Daniel.

Fee: \$50.00 (5 Evenings)/\$10 a session and \$450.00 (3 Sundays)/\$150 each.

(10% discount if the yearly fees are paid in full by 11 February: \$450.00)

For all applications and interviews contact Sue on 0417 586 791.

Friday Morning Psychodrama Peer Group

1st Friday of the month from 9.30 am – 12.30 p.m

(27 training or professional development hours)

This group, for advanced trainees and practitioners provides an opportunity for peer practice in leading a group with a trainer on hand. Participants will have the opportunity to bring forward aspects of their work to further develop their skills and roles as psychodrama directors and group leaders.

Dates: 1 Mar, 5 Apr, 3 May, 7 Jun, 5 Jul, 2 Aug, 6 Sep, 4 Oct. & 1 November.

Fee: \$35.00 per session (with Trainers Sue/Katrina).

Personal and Professional Development

During the year accredited psychodrama trainers and practitioners conduct personal development and professional development groups at PIM. The purpose of these groups is to develop greater strength and skills, resolve minor conflicts and develop more effective relationships with yourself and others.

Sue Daniel (0417 586 791) is conducting a series of **Personal Development for Professionals Workshops** on Friday Afternoons from 2.00-5.00pm during 2019:

March/April: 15, 22, 29 March & 5 April.

May/June: 17, 24, 31 May & 7 June.

July/August: 19, 26 July & 2, 9 August.

Vanessa Hutchinson will take the above Personal Development Group in the 4th

Term: October/November: 25 October, 1, 8 & 15 November.

Lyndon Medina (0417 248 416) is conducting a Personal Development Group on Monday Evenings from 7 – 10pm throughout the year. Please contact him directly in January for all enquiries or to arrange an interview: lyndon.medina@rmit.edu.au

Counselling and Psychotherapy Sessions

Individual, couple and family therapy sessions are available from practitioners working at PIM. The following practitioners may be contacted directly:

Sue Daniel: 0417 586 791, Lethe Gaskin: 0481 828 869, Melas Khole: 0427 174 008

PIM Faculty



Sue Daniel is the Director of the Psychodrama Institute of Melbourne. She is an international trainer, educator and practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide, and a psychologist and psychotherapist in private practice in Melbourne. Sue founded the Moreno Psychodrama Society and the Australian and Aotearoa Board of Psychodrama. She enjoys travelling and yoga.

Lethe Gaskin is a Psychodramatist (TEP), psychologist and group psychotherapist working in private practice in Melbourne. She is a founding member and past-Chairperson of the Australian and Aotearoa Board of Psychodrama. Lethe is actively involved in the life of the Moreno Psychodrama Society, and currently finds herself in the role of Chairperson.



Katrina Gaskin is a Psychodramatist (TEP), counsellor and supervisor working in private practice in Melbourne. She is a founding member of the Moreno Psychodrama Society and the Chairperson of the Australian and Aotearoa Board of Psychodrama.

Other Seminar and Workshop Leaders in 2019

Jun Maeda is an accredited Psychodramatist, clinical psychologist and Professor of Psychology at the Muroran Institute of Technology. He is a pioneer of psychodrama in Hokkaido, Japan. He also works as a practitioner and trainer in Red Cross Societies and Associations of Clinical Psychology organising psychosocial support activities for disaster settings. Jun is a Board member of the IAGP.



Continued...

Other Seminar and Workshop Leaders continued...



Lyndon Medina is a Psychodramatist and past Chairperson of the Moreno Psychodrama Society. He is a counselling psychologist at RMIT University in Melbourne. He provides individual counselling and conducts personal and professional development workshops for the university community. Lyndon has a small private practice and he loves his family.

Melas Khole is an accredited Psychodramatist and psychologist in full time private practice. He works with adults, adolescents and in some cases, children. Melas worked in the Forensic (prison) system for 10 years. He utilises a mixture of approaches but with a foot firmly cemented in the psychodrama worldview. His interests are many and include Norse mythology, absurdism and fitness.



The Theatre of Spontaneity

Last Sunday of each month: February – November (10 evenings)
Gathering at 6 00pm for 6.30pm start, concludes at 8.30pm

The Moreno Psychodrama Society hosts the Theatre of Spontaneity (ToS) on the last Sunday of each month. These open gatherings provide an opportunity for people who would like to meet and explore what is happening in the world, regarding community or cultural events, relationships and values. The ToS provides a stage to deepen our connections with each other using a range of psychodrama techniques and methods and a host of other creative applications of the method. The theme and presenter for each month is posted on our blog (see website below) each month.

Refreshments are available from 6.00pm.

Dates: 24 Feb, 31 Mar, 28 Apr, 26 May, 30 Jun, 28 Jul, 25 Aug, 29 Sep & 27 Oct & 24 Nov.

Fee: \$20.00 (\$15.00 for MPS members) Includes refreshments and light supper.

Enquiries: ToS Co-ordinator, Gavin O'Loughlin - 0403 597 685

www.moreno-psychodrama-society.com

Other Training Information

Qualification for Admission

Applicants are not required to have previous experience in psychodrama, but must have other relevant training, for example, a graduate degree or the equivalent and have the resources to commit themselves to the training program and its requirements. Although many trainees go on to certification, some may enrol to enlarge their armamentarium of intervention, to learn more about action and group methods. Interviews are essential for Level 1 applicants and trainees resuming training, transferring from other institutes or those from overseas.

Assessment and Accreditation

The training events within this program are assessed within the institute in consultation with the Australian and Aotearoa (New Zealand) Board of Psychodrama (AABP). On completion of a year of training a person may achieve the level of Auxiliary Ego. The second certificate of Psychodrama Assistant-Director may be gained after three years of ongoing training and completing a written paper. After five years of psychodrama training a person may apply to become a Psychodramatist. This may involve a further year in a practicum group, ongoing individual and group supervision and peer meetings. A minimum of 800 hours of training is required which includes 700 hours of ongoing training and education, 50 hours of group supervision and 50 hours of one-to-one supervision, two papers or paper and a project. There are extra fees for supervision, paper assessments and the practicum. Practicums are normally held in May. All training courses for PIM trainees are accredited through PIM, the Australian and Aotearoa Board of Psychodrama and the Moreno Psychodrama Society.

Applications and Fees

Applications for each event close on the 'due by' date. Send in the completed application form with full payment or a deposit. The balance is normally paid before the commencement of each course or another method of payment can be discussed with the trainers and administrator. We take most credit cards. Training and supervision fees are inclusive of and attract GST. Deposit amounts are non-refundable.

The PIM Library

Trainees and members of MPS may borrow books, articles and audio-visual resources for up to 2 weeks at a time. The PIM library is a rich resource with papers, theses and projects, illustrating the wide application of the psychodrama method. It contains the *George Cally* section, donated by Clare Cally with material related to psychodrama, group psychotherapy and action methods, and the *Zerka T. Moreno* section, containing a unique selection of psychodrama material, DVD's, books and articles.

Enquiries: Sue Daniel: 0417 586 791 or PIM@netspace.net.au
www.psychodrama-institute-melbourne.com



APPLICATION FORM

2019 Training Courses, Workshops and Seminars

I enclose \$.....(Full payment/Deposit)

Psychodrama Institute of Melbourne

ABN 19957 447 677

(Please tick the relevant box/es – Minimum deposit: \$50.00)

Ongoing training courses include the Open Night, Friday, 22 February 2019:

- Term 1: Level 1, 6 Wednesday Evenings & one Sunday: \$585.00
- Term 1: Level 2/3, 8 Thursday Evenings & one Sunday: \$605.00
- Term 1: Level 2/3, 8 Tuesday Evenings & one Sunday: \$605.00
- (Full Year fee for the 4 Terms is \$2,300.00 if paid by 11 February 2018)*

Additional Workshops:

- February 23: Fresh Start. J. Maeda, L. Medina & S. Daniel: \$150 (\$250 non-members of MPS)
- May 4 & 5: Walk a Mile in My Shoes. S. Daniel: \$300 (\$400.00 non-members)
- May 11 & 12: Training for Trainers Weekend. S. Daniel: \$350.00/\$550.00
- September 22: Psychodramatic Spring Cleaning. L. Gaskin: \$100.00 (\$150.00 non-members).
- November 2-5: Living Creatively: 4-Day Psychodrama Workshop. S. Daniel: \$550.00 (Members), \$650.00 (non-members). Early Bird fees (p.9)

Friday Night Monthly Psychodrama Seminars (1.5 hours):

- Psychodrama and its diverse applications: Sue Daniel et al. 3rd Friday of the month, February-October, \$30.00 per session (\$20.00 for MPS members).

The Theatre of Spontaneity (2 hrs):

- 10 Sunday evenings, last Sunday of the month, February - October: \$20.00 (\$15.00 MPS members). RSVP Friday before (payable at the door).

Supervision and Peer Groups:

- Friday Morning Psychodrama Small Group Supervision: 8 sessions.
- Thursday Evening Peer Practitioner Group: 5 Evenings plus 3 Sundays.
- Friday Morning Psychodrama Peer Group (8 sessions), 1st Friday of month.
- Monthly Friday Lunchtime Reading Group: 1st Friday from 12.45 – 1.45 p.m.

Moreno Psychodrama Society: Annual Membership Subscription (Jan-Dec 2019):

- Trainees: \$30.00 (includes e-Journal)
- Friends of MPS: \$35.00 (includes e-Journal)
- Accredited Practitioners: \$35.00 (includes Practice Certificate and e-Journal)

Total Fees:.....\$ _____

Payment (credit card, cash or direct debit):.....\$ _____

Balance owing:.....\$ _____

Applicant's details over this page...

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