



Events 2020

PRESENTERS & PRACTITIONERS

Workshops, Counselling, Supervision,
Coaching, Mentoring and Personal &
Professional Development

A range of services are offered by this group of professional people, who are also practitioners or advanced trainees of psychodrama. They are located in different areas in Melbourne, regional Victoria, Tasmania, Sydney and overseas. Please contact them directly for information or an appointment.



Sue Daniel



Bob Cummings



Katrina Gaskin



Helen Fryer



Lethe Gaskin



Therese Mavros



Gavin O'Loughlin



Sarah Norton



Karyn Down



Vanessa Hutchinson



Jaya Narayan



Hans Wilgenburg

Sue Daniel is a trainer, educator and practitioner of Psychodrama (TEP), mentor, coach, supervisor, psychologist and psychotherapist in private practice in **Melbourne**. She is the founder and director of the Psychodrama Institute of Melbourne, and primary instigator of the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (AABP). Sue works internationally; she was the first foreign Visiting Professor (Honorary) at the Muroran Institute of Technology in Japan. She is the Principle Trainer of the above board's accredited training organisation, '*Psychodrama in India*'. Sue enjoys an annual residency each August at the '*little psychodrama festival*' in the woods of Krusce in Slovenia. She enjoys writing and yoga.

Contact Sue: 0417 586 791 or suedan@netspace.net.au

Lethe Gaskin – “Kia ora koutou; Hullo to you. My Maori name is Eriha. I practice as a psychodramatist, psychologist, counsellor, supervisor and psychodrama trainer (TEP). I am Lethe, a founding member of the Moreno Psychodrama Society, a member of the Australian and Aotearoa Board of Psychodrama, and Kaiaarahi (Director) of PIA, the Psychodrama Institute of Aotearoa. I'm living and working mostly in Wellington New Zealand this year.”

- **WELLINGTON:** 21 & 22 March 2020-'Whakapiripiri Nga Whanau i - *Psychodrama Family Sculptures* and *The Empty Chair* with Lethe Gaskin and Sue Daniel.

All enquiries: lethegaskin@hotmail.com or +64 22 500 1266

Katrina Gaskin is a Psychodramatist (Trainer, Educator and Practitioner [TEP]), Counsellor and Supervisor working in private practice in **Point Cook**. She brings forward her experience as Kaiāwhina (Assistant Director) of the Psychodrama Institute of Aotearoa (PiI). Katrina is a founding member of the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (AABP) and the latter's Chairperson. Katrina is also contributing to the training program as a TEP with PIM offering individual supervision and small group supervision.

Contact number: 0455 254 801 or katrinagaskin@hotmail.com

Helen Fryer is a psychodramatist and psychotherapist, living and working from her home in Hobart, looking over Kunanyi/Mt Wellington and the ever-changing River Derwent in **Tasmania**. Here, she co-facilitates a creative art therapy program, 'Awakening the Heart'. Helen is currently completing her studies in Jungian sandplay therapy. Her interests are in the power of the imagination, dreams and symbol to give depth and breadth to life, and the joy of role development and soul retrieval through psychodrama. Helen is a member of the Australian and Aotearoa Board of Psychodrama. Besides playing the piano, Helen loves African dancing, singing and drumming and is currently learning the cello to accompany a mellower time of life.

Contact details: helenfryer01@gmail.com or telephone 0402 029 069

Vanessa Hutchinson is an artist, teacher and competition reverse parker. When she's not making art in her studio or teaching people how to speak very gooder English she's developing her psychodrama/adventurer role. She presents psychodrama sessions at the MPS 'Theatre of Spontaneity'. Her work includes supervising psychodrama papers and assisting our overseas trainees in their development as psychodramatists.

Contact Vanessa on: creationmyth@gmail.com or 0438 316 788

Hans Wilgenburg is a Psychodramatist with the Australian and Aotearoa Board of Psychodrama (AABP) and a Counsellor with the Australian Counselling Association (ACA). He is a member and chairperson of the Moreno Psychodrama Society (MPS). Hans is a parent of his son adopted from India who has an intellectual disability. He is a swimming coach with the Australian Swimming Coach and Teachers Association (ASCTA), and has been a swim coach with Special Olympics (Melbourne West) for over 5 years. Hans is based in **Metung**, Victoria 3904.

For information regarding workshops and counselling contact Hans on 0431 183 961 or hans@livingcolourstudio.com.au

Karyn Down practices as a counsellor, art therapist and supervisor from her business 'Creative Counselling Connections' in **West Brunswick**. She works with individuals and couples using a Person-Centred approach, focusing on role relationships and development. Karyn runs creative self-exploratory groups and workshops including women's groups that focus on the power of story and myth. She uses a range of modalities including visual arts and action methods. She worked within the community sector for over 30 years within the areas of homelessness, mental health, addiction and family violence. Karyn is an Assistant-Director of Psychodrama (AABP).

Contact Karyn: 0450 102 033 or email: contact@creativecounselling.com.au

<http://www.creativecounselling.com.au>

Gavin O'Loughlin is a Psychodramatist (AABP) and Yoga Teacher. He has a Social Work qualification and has worked in Youth Justice, Child Protection and Disability Employment. He has a strong environmental interest, sailing, sculpture and drawing amongst other recreations. In 2020 he is offering personal development groups incorporating some understandings from yoga.

Contact Gavin on 0403 597 685 or Email: erwin1@iinet.net.au

Jaya Narayan is a behavioural coach, expressive art therapist and personal growth facilitator originally from Bangalore, India. She integrates expressive arts, group process and Psychodrama in her work. She has a private practice focussed on high functioning clients in an individual and collective settings. While her initial experience was in Human Resources in multinational organisations, she is engaged by organisations for interventions with women and inclusive leadership. In her free time, she enjoys yoga, blogging and reading. She is a mother of her two kids who are 10 and 7.

All Enquiries to Jaya: 0431 343 779 or jaya.narayan.ramani@gmail.com

Therese Mavros offers 1-1 life coaching and mediation through her business CoRporAte CaRnie, Creative Solutions for the Corporate. She is a graduate of NIDA, professional actor, teacher, tutor, events manager and is training in psychodrama.

Contact Therese for information and appointments at: 0431 740 468 or therese.mavros@gmail.com

Sarah Norton is an experienced coach and group facilitator for 15 years. She is passionate about supporting people to find their light, to be brilliant, gorgeous, talented, fabulous ... she does this through creating a safe space to enable people to be more creative and spontaneous, using psychodramatic processes, which lead to a newfound sense of freedom. Today we face many challenges, both individually and globally...it's time to do things differently. The world needs us to shine our light!

Contact Sarah on 0423 984 304 www.groupwork.com.au

Bob Cummings is a psychodramatist (AABP) living in the Beautiful Yarra Valley Town of **Yarra Glen**. Bob is a retired community development worker. He facilitates OMNI (Older men new ideas), a group for men aged 50 and over, meeting in an informal social setting to share their knowledge and experiences in a safe and caring environment. We are about enhancing the health and well-being of older men, discussions are lively and laughter is loud. The group meets on the first Monday of each month (except January) at the living and learning Centre in Yarra Glen at 10am to 12.30pm. Cost is \$5 per session and includes morning tea.

Contact Bob for details for this event and other events with Linda Harrington: 0429 577 477

