

# CREATION

## A 4-Day Sociometry and Psychodrama Workshop 16-19 October 2020

Director: Sue Daniel

Weaving separate threads together is the ancient art which creates a singular beautiful entity. These rugs and cloths expressed and enriched the lives of our ancestors. Other forms of weaving are evident in many of our day-to-day lives, the musician who plays in concert with others, the poet who mixes words that strike at the heart of our true selves. In Psychodrama we create in harmony with our clients and group members to bring a whole picture into being in the moment. It is when we truly harmonise, that the magic happens. Everyone contributing and participating in the creation of new relationships with each encounter, bringing new perspectives to life.

Such is the creativity-spontaneity of sociometry and psychodrama, where being in the moment creates new life. The internet is the platform for this incredible psychodramatic event, a place where our imagination can soar, and our meetings bring joy. Out from behind our masks, we can breathe safely, as we further develop our ability to practice the art of psychodrama, discover new roles that have relevance in our current world, and experience the depth and breadth of sociometry (our role relationships).

In this 4-Day event, Friday through to Monday, we will be meeting in a true encounter in virtual reality. The workshop is designed to accommodate several different world time zones:

Australia: 2.30-7.30 pm (5 hours each day)

Aotearoa (New Zealand): 4.30-9.30 pm

Japan: 12.30-5.30 pm

India: 9 am -2.30 pm

There will be 3 sessions of 1.5 hours each day, with two 15 minute breaks in between. We start on Friday with a sociometric event for the entire group. *This session is for everyone and cannot be missed if you wish to be in the workshop.* During this session break out rooms will be utilised. In the next session, there will be at least 3 groups and the theme will either have emerged from the earlier session or it will be led by a designated group leader. Group leaders include Sue Daniel, Katrina Gaskin, Lethe Gaskin, Meenakshi Kirtane and Jun Maeda. We come back together for the final session of the day, and again break rooms will be utilised. Day 2-4 will be similar, however different sessions may emerge given the material that comes from the group. The practice of being in the here and now, is our methodology with spontaneity at its core.

**Who can apply:** The workshop is open to practitioners, students and trainees across a range of disciplines, including the health and education fields, group leaders and trainers.

**Dates:** Friday – Monday 16-19 October 2020

English Language. Friday and Monday sessions must be attended for a full learning experience. We start and finish on time each day. Confidentiality is observed, no recording of sessions or screen photos. A brief interview is required with Sue.

**Fee:** \$AUD300.00 (4-Days), \$250 (3 Days)

All enquiries to Ted Bugariski: 0410 536 791, [pim@netspace.net.au](mailto:pim@netspace.net.au)

This event is hosted by the Psychodrama Institute of Melbourne and the Moreno Psychodrama Society  
<https://psychodrama-institute-melbourne.com>