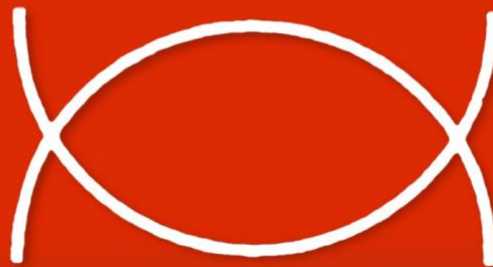


PIM 2022



Training in Psychodrama

Sociometry

Role Training

Sociodrama

Role Theory

Leadership

Group Work

psychodrama-institute-melbourne.com

INDEX

(scroll through program)

Zoom into Term 1 for info on the 2022 PIM online Program – page 3

Training Program – pages 4-6

- Ongoing Training Courses, information and calendar – pp. 4, 5 & 6
- 4-Day Psychodrama Intensive ‘Living in the Here and Now’ – p.7
- Supervision Groups (Mondays and Fridays)– p.7
- Psychodrama Lunchtime Reading Group – p.7

Other workshops and events – page 8

- Onscreen – monthly group
- Practitioner’s group
- Trainer’s group
- Coaching workshop
- Professional and personal development workshop
- Psychodrama and Art therapy group
- Monthly workshop for Teens

PIM Faculty Members – page 9

MPS and AABP – page 10

- Moreno Psychodrama Society
- Theatre of Spontaneity
- The Australian and Aotearoa (New Zealand) Psychodrama Board

About our Institute – pages 11-13

- Training Program
- Curricula
- Other training information



Zoom into Term 1 for the 2022 PIM online Program

The program includes ongoing and short courses held over 4 terms, reading groups, personal and professional groups, supervision groups, open workshops and short courses including an annual 4-Day International Psychodrama Intensive (14-17 October, see page 6). In addition, the Moreno Psychodrama Society (MPS) host a monthly Theatre of Spontaneity (ToS), open to the public, and held on the last Sunday of the month from January to November (see page 9)

Our online program commences for Term 1 with the Opening of the Institute on Friday evening, 18 February 2022 from 7.30-9.30pm. Working online enables us to broaden our psychodrama training globally and gives our participants an immediate experience in their learning and development. Where possible we will also have physical meetings and workshops during the year.

We are continuing to learn, train and create in the 'here and now', for the development of our spontaneity and creativity. This year is a very imaginative, and therefore fertile time, with many opportunities for us all to develop new roles and leadership skills, since coming out of Covid.

Information about our institute is on pages 10-12 in this brochure. You will find the outline of the general program including its structure and guidelines. It includes the PIM philosophy, methodology, training structure and content.

In brief, there will be 3 x 6-week ongoing training groups in 2022, which include 4 workshops. For information or applications please contact the administrator on pim@netspace.net.au

Any questions, please direct these to the Director of PIM, Sue Daniel on 0417 586 791. She is coordinating the training program and conducting the interviews for new applicants. Trainees in ongoing training will receive information and letters of confirmation regarding their groups in January. All fees are in Australian Dollars.

Term 1 Venue: The venue is the Zoom Room. Housekeeping and zoom guidelines will be carried out prior to each workshop starting.

The Four Terms, 6 Weekly Training Groups

In 2022 there are 3 training groups: Tuesday mornings from 10-12noon, Tuesday evenings (definitely online all year) and Thursday evenings, both from 7.30-9.30pm. All groups come together for the 4 weekend sessions. The program is designed to give trainees a rich opportunity to develop a variety of role relationships, group dynamics, and the experience of a range of trainers. We envisage that trainees will conduct warm ups, as well as directing vignettes in their sessions with supervision. The use of various techniques will be explored and practised. There will be time allocated for processing sessions and writing. New trainees will learn the basic concepts, techniques, philosophy and theory of psychodrama. The duration of each group session is 2 hours, and 3 hours on the weekend sessions, except in Term 4, when the Sunday session is 5 hours. All our trainers are involved in the respective training groups this year.

PIM Trainers

The PIM trainers in 2022: Lethe Gaskin, Katrina Gaskin, Jun Maeda, Meenakshi Kirtane and Sue Daniel.

A description of our Faculty can be found on page 9.

Tuesday Mornings

PSYCHODRAMA TRAINING GROUP

TERM 1

(definitely online)

7 Tuesday Mornings (2 Hrs), 1 Sunday Afternoon (3 Hrs) & 1 Friday Night (2 Hrs)

We begin with our Open Night for all trainees on *Friday 18 February, 7.30-9.30pm*.

The group continues on Tuesday 22 February from 10-12noon, followed by the Sunday session, 27 February from 2.30-5.30pm (online), then Tuesday mornings: 1, 8, 15, 22 & 29 March from 10-12noon, And 1 peer session 5 April.

Fee: \$440.00 inc GST

There is a term break between Term 1 and Term 2 of 5 weeks duration.

TERM 2

8 Tuesdays and 1 Saturday Afternoon

Dates: Tuesday mornings, 10 & 17 May from 10-12 noon, followed by the Saturday session 21 May from 2.30-5.30 pm (online), and continuing Tuesday mornings: 24 & 31 May and 7 & 14 June from 10-12 noon, And 2 peer sessions on 21 and 28 June.

Fee: \$450.00 inc GST

There is a term break between Term 2 and Term 3 of 4 weeks duration.

TERM 3

8 Tuesday mornings and 1 Sunday Afternoon

Dates: Tuesday mornings, 26 July and 2, 9 & 16 August from 10-12 noon, followed by Sunday, 21 August from 2.30-5.30 pm, and continuing Tuesday mornings: 23 & 30 August from 10-12 noon, And 2 peer sessions, 6 & 13 September.

Fee: \$450.00 inc GST

There is a term break between Term 3 and Term 4 of 5 weeks duration.

4-Day Annual Psychodrama Intensive (optional)

Living in the 'Here and Now'

14-17 October 2022 (see page 7)

TERM 4

5 Tuesday Mornings, 1 Sunday Afternoon (5 Hrs) & 1 Friday Night (2 Hrs)

Dates: Tuesday, 18 October and 25 October from 10-12 noon (no session Melbourne Cup Day, 1/11), and Sunday 6 November from 1-6pm * (5 Hrs), and Tuesday mornings: 8, 15 & 22 Nov. from 10-12 noon. Closing Night for all PIM trainees: *Friday 25 November 2022 from 7.30-9.30pm*.

Fee: \$440.00 inc GST

OPEN TRAINING GROUP

Tuesday Evenings

ONLINE ALL YEAR

TERM 1

6 Tuesday Evenings (2 hrs), 1 Sunday Afternoon (3 hrs) & 1 Friday Night (2 Hrs)

Term 1 begins with an Open Night for all trainees on *Friday 18 February, 7.30-9.30pm*.

The first night of training for the Tuesday Group is 22 February from 7.30-9.30pm, then Sunday, 27

February from 2.30-5.30pm, followed by Tuesday evenings: 1, 8, 15, 22 & 29 March from 7.30-9.30 pm.

Fee: \$430.00 inc GST

There is a term break between Term 1 and Term 2 of 6 weeks duration.

TERM 2

6 Tuesday Evenings and 1 Saturday Afternoon

Commencing Tuesday evening 10 May from 7.30-9.30pm, then 17 May, followed by Saturday's session on 21 May from 2.30-5.30 pm, and continuing on Tuesday evenings: 24 & 31 May and 7 & 14 June.

Fee: \$430.00 inc GST

There is a term break between Term 2 and Term 3 of 6 weeks duration.

TERM 3

6 Tuesday Evenings and 1 Sunday Afternoon

Dates: Tuesday evenings, 26 July and 2, 9 & 16 August from 7.30-9.30pm, followed by Sunday, 21 August from 2.30-5.30 pm, and continuing Tuesday evenings: 23 & 30 August 7.30-9.30pm.

Fee: \$430.00 inc GST

There is a term break between Term 3 and Term 4 of 7 weeks duration.

4-Day Annual Psychodrama Intensive (optional)

Living in the 'Here and Now'

14-17 October 2022 (see page 7)

TERM 4

5 Tuesday Evenings (2 Hrs), 1 Sunday Afternoon (5 Hrs) and 1 Friday night (2 Hrs).

Dates: Tuesday, 18 October and 25 October from 7.30-9.30 pm (no session Melbourne Cup Day, 1/11), then Sunday 6 November from 1-6pm *(5 Hrs), and then Tuesday evenings: 8, 15 & 22 November.

Closing Night for all PIM trainees: *Friday 25 November 2022 from 7.30-9.30pm*.

Fee: \$430.00 inc GST

Thursday Nights

PSYCHODRAMA TRAINING GROUP

TERM 1

(definitely online)

7 Thursday Evenings (2 Hrs), 1 Sunday Afternoon (3 Hrs) & 1 Friday night (2 Hrs)

We begin with our Open Night for all trainees on *Friday 18 February, 7.30-9.30pm*.

The group continues on Thursday, 24 February from 7.30-9.30pm, followed by the Sunday session, 27 February from 2.30-5.30pm (online), then Thursday evenings: 3, 10, 17, 24 & 31 March from 7.30-9.30pm, And 1 peer session on 7 April.

Fee: \$440.00 inc GST.

There is a term break between Term 1 and Term 2 of 5 weeks duration.

TERM 2

8 Thursday Evenings and 1 Saturday Afternoon

Dates: Thursday 12 & 19 May from 7.30-9.30pm followed by the Saturday session 21 May from 2.30-5.30 pm (online), and continuing Thursday evenings: 26 May and 2, 9 & 16 June, plus 2 peer sessions, 23 & 30 June.

Fee: \$450.00 inc GST.

There is a term break between Term 2 and Term 3 of 4 weeks duration.

TERM 3

8 Thursday Evenings and 1 Sunday Afternoon (3 Hrs)

Dates: Thursday nights, 28 July and 4, 11 & 18 August from 7.30-9.30pm, followed by Sunday, 21 August from 2.30-5.30 pm, and continuing Thursday nights: 25 August & 1 September, plus 2 peer groups, 8 & 15 September.

Fee: \$450.00 inc GST.

There is a term break between Term 3 and Term 4 of 5 weeks duration.

4-Day Annual Psychodrama Intensive (optional)

Living in the 'Here and Now'

14-17 October 2022 (see page 7)

TERM 4

6 Thursday Evenings (2 Hrs), 1 Sunday Afternoon (5 Hrs) & 1 Friday Night (2 Hrs)

Dates: Thursday, 20 October from 7.30-9.30pm, then 27 October & 3 November, followed by Sunday 6 November from 1-6pm *(5 Hrs), then Thursday evenings: 10, 17 & 24 November from 7.30-9.30pm.

Closing Night for all PIM trainees: *Friday 25 November 2022 from 7.30-9.30pm*.

Fee: \$440.00 inc GST.

The 4-Day Annual Psychodrama Intensive

'Living in the Here and Now'

14-17 October 2022 from 2.30-7.30pm (AEDT)

In this 4-Day event, Friday through to Monday, we will be meeting either in a true encounter in virtual reality or in a four-day retreat by the sea or in the countryside. If by zoom the workshop will be creatively designed to accommodate several different world time zones. For example, Australia (AEDT): 2.30-7.30pm (5 hours each day), Japan: 12.30-5.30 pm and India: 9 am -2.00 pm.

The practice of being in the 'here and now' is our methodology, with spontaneity at its core. English Language. All sessions must be attended for a full learning experience. We start and finish on time each day. Confidentiality is observed, no recording of sessions, screen photos or creating social media groups. An interview with the leader of the workshop, Sue Daniel, is required.

Who can apply: The workshop is open to practitioners, trainees, group leaders and trainers across a range of disciplines, including the health and education fields.

The focus of the workshop is on sociometry, sociodrama, role theory and psychodrama. The content will come from the group.

Dates: Friday – Monday, 14-17 October 2022.

Online Fees (AUD) (4-Days): Trainees \$440.00, MPS members \$550.00 and others \$880.00.

If we are able to have a retreat, meals and accommodation fees are extra.

All enquiries to the PIM administrator, Ted Bugarski: 0410 536 791, pim@netspace.net.au



Supervision Groups

Monthly Small Group Supervision for Advanced Trainees on Mondays (9 sessions)

1st Monday of the month beginning 7 March from 1.30-3 pm

This ongoing supervision group is for psychodrama trainees looking to fine tune their skills in the application of sociometry and psychodrama and bring forward situations in their work or community life where they have used or want to use psychodrama.

Dates: 7 Mar, 4 Apr, 2 May, 6 Jun, 4 Jul, 1 August, 5 September, 3 October & 7 November.

Fees: \$44.00 inc GST per session payable to PIM.

Supervisors: Sue Daniel, Lethe Gaskin and Katrina Gaskin (respectively)

Open Monthly Supervision Group on Friday Mornings (10 sessions)

2nd Friday of the month beginning 11 February from 9.30am-12.30pm (3 Hrs)

This ongoing supervision group is for psychodrama practitioners, advanced trainees and other professionals. Participants will have the opportunity to bring forward aspects of their work with clients or groups, to further develop their roles as group leaders, clinicians and practitioners. The material will come from the group.

Dates: 11 Feb, 11 Mar, 8 April, 13 May, 10 June, 8 July, 12 Aug, 9 Sept, 7 Oct & 11 November.

Fees: \$66.00 (Trainees) MPS members (\$77.00) Others (\$88.00) inc of GST, per session and payable to PIM.

Supervisor: Katrina Gaskin

Psychodrama Lunchtime Reading Group

First Monday of the month beginning Monday 7 March from 12-1 pm

Each month a moderator will present something from books, articles, podcasts that are related to psychodrama, with a special focus on the writings of JL and Zerka Moreno. This group will suit trainees in and practitioners. To participate please text Sue on 0417 586 791

Dates: 7 March, 4 April, 2 May, 6 June, 4 July, 1 Aug, 5 Sept, 3 Oct & 7 November. **Donation:** \$5.00

Additional workshops, meetings and events

Onscreen: Explorations in Psychodrama: A monthly psychodrama group on Monday nights from 7.30-9.00pm. Enquiries: Sue Daniel, 0417 586 791 or pim@netspace.net.au

Practitioner Groups (online): The second Monday of the month from 1.30-3.30pm.

Beginning 14 Feb, then 14 Mar, 11 Apr, 9 May, 13 Jun, 11 Jul, 8 Aug, 12 Sept, 10 Oct & 14 Nov.

Open to PIM Practitioners. Organised and hosted by Lethe Gaskin (lethegaskin@hotmail.com) and Helen Fryer (helenfryer01@gmail.com).

PIM Trainer's Workshops (online):

Monday Afternoons: 21 Feb, 28 Mar, (AEDT) and 16 May, 25 Jul & 26 Sept (AEST) from 2:00–5:00 pm.

Workshops and Short Courses

(see flyers and details on our website)

Stepping into another's shoes – A workshop for Coaches and Teachers

Saturday 19 February from 2.30-5.30pm (AEDT)

Leader: Sue Daniel

This workshop is designed for coaches in the industry, business, corporate or educational worlds. The key to coaching is role reversal. What is impact do we have on another? What is their impact on us? Until we can learn to role reverse, we cannot fully assist another in their development and growth as a practitioner, team member or manager. This is the first in a series of workshops, but also a stand-alone workshop for coaches, managers and team leaders to dip in to using action methods in their workplace. Fee on application.

New Horizons - Personal and Professional Weekend Workshop

Saturday and Sunday, 7 & 8 May from 2:00-6:00 pm (AEDT) both days

Leader: Sue Daniel

Finding new pathways, creating new roles and role relationships is what this workshop is about. Methods include exploration using a psychodrama and role training approach. **Fee:** \$300.00

Creative Play – online Psychodrama and Art Therapy Group

4 Friday Afternoons, 3- 4.30 pm (AEST) July 2022

Leader: Jaya Narayan

Think about a time in your life you felt creative without judgement? Imagine the sights, the sounds, the temperature, who you were with -- and as you remember, notice what happens in your body -- the sensations, any movements. These are the prompts that creative arts therapy allows as a warm-up. This series is an opportunity to experience a meeting of creativity and spontaneity, to bring playfulness and imagination to life. We will use warm-ups from creative arts to bring to the Psychodrama stage in a four-session series. This personal development group is suitable for anyone wanting to reignite a loving relationship with creativity. **Fee:** \$150.00. **Contact:** Jaya 0431343779 <https://www.jaya-narayan.com>

Teens in Action - A monthly workshop -

Saturday mornings, 1.5 hrs monthly beginning 19 February from 10-11.30 am

Leader: Sue Daniel

This workshop will suit teens approximately 15-16 years old, who want to learn more about being in groups, have an enjoyable social life and be on top of their school work. Group meets physically, not online.

Fee: \$20.00 per session payable on the day. Enquiries to Sue on 0417 586791

PIM Faculty

TRAINERS



Sue Daniel is the Director of the Psychodrama Institute of Melbourne (PIM). She is an international Trainer, Educator and Practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide, and a psychologist and psychotherapist in private practice in Melbourne. Sue is the founder of PIM, the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (AABP). She practices Hatha Yoga and enjoys photography, cooking and nature.

Lethe Gaskin is a Psychodramatist (TEP), psychologist and group psychotherapist working in private practice in Melbourne. She is a founding member and current Chairperson of the Australian and Aotearoa Board of Psychodrama (AABP). Lethe is actively involved in the life of the Moreno Psychodrama Society.



Katrina Gaskin is a Psychodramatist (TEP), counsellor and supervisor working in private practice in Melbourne. She is a founding member and the current Chairperson of the Moreno Psychodrama Society, and a founding member of the Australian and Aotearoa Board of Psychodrama.

Jun Maeda is a Psychodramatist (TEP), clinical psychologist, Professor of Psychology at the Muroran Institute of Technology. He is a pioneering member of the Sapporo Psychodrama Group and conducts workshops internationally. Jun was also a pioneering practitioner and trainer in the Japanese Red Cross Society, where he organised psychosocial support activities for disaster settings. Jun is a member of the Australian and Aotearoa Board of Psychodrama (AABP) and a board member of the Japan Psychodrama Association (JPA) and International Association of Group Psychotherapy and Group Processes (IAGP).



Meenakshi Kirtane is the Director the institute, Psychodrama in India (PiI) the Founder of Maanas, The Inside Story, and a self-exploration and transformation consultant facilitating organisations, leaders, managers, institutional heads and individuals to find their uniqueness, and help them translate this into work and life satisfaction. She is a certified Psychodrama Supervisor (in India), a Board certified Psychodrama Educator, a TEP in Training and a member of the Australian and Aotearoa Board of Psychodrama (AABP).



The Moreno Psychodrama Society

The Moreno Psychodrama Society (MPS) is one entity in a tripartite system of psychodrama made up of a Board, Training Institutes and the Society. MPS is a body of people working together to bring psychodrama into many areas of our world. It stands for, and promotes the development of relationship and community through the unique expression of the members. The group has the power to heal and together we can do many things. Being in the moment, living in the 'here and now' and by working with 'what is', brings about change and development, connection and greater spontaneity. MPS presents a monthly Theatre of Spontaneity (ToS) – see below. MPS is also the registration body for our practitioners and TEPs, who are accredited with the Australian and Aotearoa Board of Psychodrama (AABP), after training within either the Psychodrama Institute of Melbourne (PIM), the Psychodrama Institute of Aotearoa (PiA), or the institute, Psychodrama in India (PiI); all accredited training institutes with the AABP. MPS (I) is the Indian chapter of MPS and they hold a Theatre of Life (ToL) regularly.

Benefits of Membership

- * Belonging to a Living Thriving Community
- * The "Psychodrama Blog".
- * Lunchtime Reading Groups
- * E-journal "The Mirror" published twice a year.
- * Access to the Zerka T. Moreno Library
- * Reduced rates into MPS events
- * Contributions to the creation of new ideas and developments
- * Professional Body for psychodrama trainers, practitioners and trainees

Chairperson: Katrina Gaskin

Email: MorenoSociety@netspace.net.au

Website: www.moreno-psychodrama-society.com

The Theatre of Spontaneity (online)

Last Sunday of each month: January – November (11 evenings)

Gathering at 6.20 pm for 6.30pm start, concludes at 8.30pm

The Moreno Psychodrama Society hosts the Theatre of Spontaneity (ToS) on the last Sunday of each month. These open gatherings provide an opportunity for people who would like to meet and explore what is happening in the world, regarding community or cultural events, relationships and values. The ToS provides a stage to deepen our connections with each other using a range of psychodrama techniques and methods and a host of other creative applications of the method. The theme and leader for each month is posted on the blog each month (see website). RSVP preferred by the Friday before the Sunday to avoid disappointment.

Dates: 30 January, 27 Feb, 27 Mar, 24 Apr, 29 May, 26 Jun, 31 Jul, 28 Aug, 25 Sept, 30 Oct and 27 Nov.

Fee: \$15.00 (\$10.00 for MPS members)

Enquiries: Ted Bugarski - 0410 536 791

The Australian and Aotearoa Board of Psychodrama

The Board consists of five members: Lethe Gaskin (Chairperson), Sue Daniel (Founder) and Katrina Gaskin, who make up the Executive, and ordinary members; Jun Maeda and Meenakshi Kirtane. The Board is responsible for the accreditation and certification of psychodramatists. Certified Psychodramatists are expected to maintain their registration as accredited practitioners through their membership of the Moreno Psychodrama Society (MPS), and keep up with relevant professional development for the benefit of themselves, their community and their clients. Since 2001, the Board have accredited over 50 Psychodramatists (Psychodrama Directors), over 65 Associate-Directors, and over 120 people have achieved the certificate of Auxiliary-Ego. There are 130 papers, theses, journal articles and projects in the PIM library, the work of the above practitioners, trainees and trainers. There are currently three training Institutes accredited with the Board, the Psychodrama Institute of Melbourne (PIM), the Psychodrama Institute of Aotearoa (PiA) and the institute, Psychodrama in India (PiI).

Mailing Address: The Chairperson, AABP, P.O Box 371, East Melbourne, Victoria 8002

The Psychodrama Institute of Melbourne

The Psychodrama Institute of Melbourne (PIM) provides training, supervision, and professional & personal development courses in psychodrama, sociometry, sociodrama, role theory, role training and groupwork, and the application of these in areas of leadership, psychotherapy, counselling, education, health, the Arts, staff development and organisational consultancy. The institute has at its core the sociometric principles of the founders of psychodrama, Dr. J. L. Moreno (1889-1974) and Zerka T. Moreno (1917-2016), with its focus on relationships and living in the 'here and now'. The Director of PIM is Sue Daniel.

The Training Program in the Era of the Coronavirus:

The aim of all training is to develop theoretical knowledge and practical ability in the methods of psychodrama, sociometry, sociodrama, role theory, role training and group work through informal mini-lectures, individual supervision, reading, writing and supervised practice in groups. The program is designed to meet the needs of the trainees as they develop. In 2022 the program will largely continue online with additional training events being organised once social distancing and Covid safety becomes redundant. There are ongoing weekly training groups, supervision and reading groups, and personal and professional development courses. The training program is suitable for people working or studying in such fields as psychology, psychiatry, psychotherapy, social work, education, welfare, the arts, health, counselling, organisational development and pastoral care.

Methodology:

The experiential method interwoven with theoretical knowledge is at the core of the program. This method involves trainees actively experiencing the emotional and sensory impact associated with participation and involvement in a situation, while experiencing full intellectual functioning. Role analysis and group interaction are all part of the learning process. While psychodrama techniques and role theory are integral to the training process other creative methods are also used.

Training Activities:

Training generally begins with Level 1 (1 year), followed by Advanced Training in Psychodrama (4 yrs.). The ongoing training is held over 4 terms each year and includes workshops, writing and supervised practice. Trainees are encouraged to apply their new learning between terms as this contributes richly to their growth. We expect trainees to be able to recognise their strengths and growing edges as the learning proceeds, and to have the necessary resources for group work. Both one-to-one and small group supervision is a requirement and additional fees apply. There is a 4-Day Psychodrama Workshop in October, which may take the form of a retreat in 2022, or be online. This will depend on the state of the world. Certain events and workshops in our program are open for trainees, practitioners, and those interested in the diverse applications of the psychodrama method.

Supervision and Professional Development Groups:

A *Supervision Group* is being held on the 1st Monday afternoon of the month for advanced trainees using a unique small group supervision process. Lethe Gaskin and Sue Daniel are the supervisors.

Another *Supervision Group* is being held on the 2nd Friday morning of the month. The sessions provide an in-depth focus on all aspects of practice, philosophy and theory as well as participants' functioning as group leaders or one-to-one practitioners. This group is open to accredited practitioners, advanced trainees and other professional people. The supervisor is Katrina Gaskin.

Other Services:

Several of our trainees, trainers and practitioners are conducting a range of groups, one-to-one, couple or family counselling sessions in 2022. In addition, see 'Other Services' on the PIM website.

Description of Curricula

The training program for 2022 includes the essentials of psychodrama theory and practice and its practice in any culture or setting. Knowledge and application of Morenian systems theory, role theory, surplus reality, psychodramatic techniques, sociometry, sociodrama and role training are covered. To encourage a full experience of the method, the training groups may sometimes be made up of participants from all levels. This structure exposes new and advanced trainees to a rich experience of the method including learning about group dynamics and processes, making the training very lively. Trainees are taught directing, role analysis, group leadership and auxiliary skills through coaching and supervised practice. Trainees who apply their learning in their workplaces have regular supervision and each trainee's unique expression is encouraged. This process of training equips trainees in the greater application of the psychodramatic method in their work and life as well as the development of the skill and confidence to conduct different types of group sessions with a wide range of people.

Creativity and spontaneity are at the heart of the psychodrama process and trainees are encouraged to take initiative in their own development. It is expected that they will attend all sessions of their training group. Other additional workshops are offered. There is written work. At the end of the first year, a reflection piece is required. After two years of training we expect that most trainees will have completed a paper on the practical application of psychodrama, or, a social and cultural atom paper. Trainees may also start to prepare their major paper, journal article or thesis on a specific interest, application of the method, or a project around this time. The ability to work independently and have a clear sense of self is a significant factor in becoming a psychodramatist. Every advanced trainee must be able to conduct a group and be in regular ongoing one-to-one supervision in order to complete their training. Membership of MPS is a requirement for our advanced trainees. MPS is a community of like-minded people and also the registration body for our accredited practitioners. MPS also hosts the Theatre of Spontaneity on the last Sunday of the month, January – November in 2022.

Practicum for Psychodrama Directorship:

Trainees who have completed two papers or a paper, project or thesis, and have a minimum of 800 training hours, 100 of which comprise at least 50 hours of one-to-one supervision and 50 hours of small group supervision, may, after consultation with their trainers, supervisor and peers, apply in writing to the Australian and Aotearoa Board of Psychodrama to do their psychodrama practicum.

Supervision and Reading Groups:

Ongoing one-to-one supervision is essential for all trainees, especially those who are applying sociometry, role training, sociodrama or psychodrama in their work or community. We also recommend monthly small group supervision sessions and the monthly Lunchtime Reading Group.

Personal and Professional Development Groups:

These psychodrama groups are open for anyone who wishes to explore and enter into new and vital ways of living. Trainees may also want to avail themselves of some extra role development in this therapeutic environment and practice their auxiliary skills.

Individual Psychotherapy and Counselling:

Sessions for individuals, couples, children and families are by appointment. Contact the office (0417 586 791) or individual practitioners (see Other Services on the PIM website).

The following practitioners may be contacted directly for supervision or counselling: Sue Daniel: 0417 586 791, Lethe Gaskin: lethegaskin@hotmail.com, and Katrina Gaskin: 0455 254 801 in Australia, and Meenakshi Kirtane in India: meenakshi.ma Anastis@gmail.com

Other Training Information

Qualification for Admission

Applicants are not required to have previous experience in psychodrama, but must have other relevant training, for example, a graduate degree or the equivalent and have the resources and roles to commit themselves to the group training program and its requirements. Although many trainees go on to certification as a psychodramatist, some may enrol to enlarge their armamentarium of intervention, to learn more about action and group methods. Interviews are essential for Level 1 applicants, trainees resuming training, those desiring to transfer from other institutes, and those from overseas.

The Discipline of Psychodrama

Psychodrama is the study of human beings in their environment. It is also an interpersonal, experiential practice, with the underlying philosophy of creativity and spontaneity, and human relations. It sits alongside the disciplines of psychology, sociology and anthropology.

Assessment and Accreditation

PIM is an accredited training institute with the Australian and Aotearoa (New Zealand) Board of Psychodrama (AABP). The training events are assessed within the institute. On completion of one year of training in Level 1, a person usually achieves the certificate of Auxiliary Ego. The Advanced Level of training and supervision follows and training is usually held over an additional 4 years. On completion of a written paper a trainee may become a Psychodrama Associate-Director. All trainees must have run a group under supervision. After the fifth year of training a person may apply to become a Psychodramatist after discussion with their trainers, peers and the director of PIM. This may involve a further year of training group and ongoing regular individual and group supervision. To fully complete the training course a minimum of 800 hours is required; 700 hours of ongoing training, 50 hours of group supervision, 50 hours of one-to-one supervision, and a second paper, project or thesis. Practicums are held anytime during the year, with at least 3 months notification. On completion of a practicum, a trainee becomes an accredited Psychodrama Director, and are entitled to call themselves a Psychodramatist. As a full member of MPS they become a registered Psychodramatist through the AABP. Since online learning, registration is provisional for the first year out. We recommend ongoing individual and group supervision during this time. Extra fees apply for supervision, paper assessments and the practicum.

Applications and Fees

Applications for each event are to be made to PIM. Payment of fees are by bank transfer or credit card. Training and supervision fees are inclusive of and attract GST. Fees have once again been kept to a minimum in 2022, so we would appreciate that you realise that they are non-refundable.

The PIM Library

At the present time materials are open to our trainees and members of MPS through an online Drop Box system. Please contact the Administrator (see below) for admission to this resource. The PIM library has a rich resource of papers, theses, DVD's and projects, most of them written and created by our trainees, practitioners and trainers, illustrating the wide application of the Morenian psychodrama method.

The Moreno Psychodrama Society

All advanced trainees are required to be a member of MPS. They can enjoy the community of psychodramatists, trainees and friends of psychodrama; likeminded people, with similar aspirations as they, many with a long experience in this unique field. Membership of the Moreno Psychodrama Society (MPS) includes an online e-Journal 'The Mirror' published twice a year. MPS is also the registration body for Board Certified Practitioners of Psychodrama and TEP's.

MPS, AABP and PIM follow government guidelines regarding the current pandemic.

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