



Other Services

PRESENTERS & PRACTITIONERS

**Workshops, Counselling, Supervision,
Coaching, Mentoring and
Personal and Professional Development**

A range of services are offered by this group of professional people, who are also practitioners or advanced trainees of psychodrama. They are located in different areas in Melbourne, regional Victoria, Tasmania, Sydney and overseas. Please contact them directly for information or an appointment.



Sue Daniel



Lethe Gaskin



Katrina Gaskin



Helen Fryer



Jaya Narayan



Vanessa Hutchinson



Hans Wilgenburg



Karyn Down



Gavin O'Loughlin



Kazumi Nagayama



Bob Cummings



Yelena Ashlapova

Sue Daniel is a trainer, educator and practitioner of Psychodrama (TEP), Psychologist and Individual and Group Psychotherapist in private practice in Melbourne (and online). She is the Director of the Psychodrama Institute of Melbourne (PIM), and Founder of the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (ABP). Sue works internationally. She was the first foreign Visiting Professor (Honorary) at the Hokkaido University/Muroran Institute of Technology, in Japan. Sue co-conducts an annual residency each August at the '*little psychodrama festival*' in the woods of Krusce in Slovenia, runs workshops in Belgrade and conducts twice yearly workshops in India.

Contact Sue: 0417 586 791 or suedan@netspace.net.au

Lethe Gaskin is a Psychodramatist (TEP), as well as a Psychologist and Counsellor. She is a committee member of the Moreno Psychodrama Society, and chairs the Australian and Aotearoa Board of Psychodrama (ABP). Lethe works in Melbourne and online.

Contact Lethe: lethegaskin@hotmail.com

Katrina Gaskin is a Psychodramatist (Trainer, Educator and Practitioner (TEP), Counsellor and Supervisor working in private practice in Point Cook. She brings forward her experience as Kaiāwhina (Assistant Director) of the Psychodrama Institute of Aotearoa (PIA). Katrina is a founding member of the Moreno Psychodrama Society (MPS) and an Executive member on the Australian and Aotearoa Board of Psychodrama (ABP).

Contact Katrina: 0455 254 801 or katrinagaskin@hotmail.com

Helen Fryer is a Psychodramatist and Psychotherapist, living and working from her home in Hobart, looking over Kunanyi/Mt Wellington and the ever-changing River Derwent in Tasmania. Here, she co-facilitates a creative art therapy program, 'Awakening the Heart'. Helen is currently completing her studies in Jungian sandplay therapy. Her interests are in the power of the imagination, dreams and symbol to give depth and breadth to life, and the joy of role development and soul retrieval through psychodrama. Besides playing the piano, Helen loves African dancing, singing and drumming.

Contact Helen: helenfryer01@gmail.com or telephone 0402 029 069

Jaya Narayan is a Creative Arts Therapist, Psychodramatist (ABP) and Process Worker based in Melbourne. She integrates expressive arts, group process, somatic practices, psychodrama and mindfulness in her work. Her private practice offers a compassionate space for her client to develop a loving relationship with themselves. Jaya operates both in a 1-1 context and leads personal growth groups. She specialises in working with clients experiencing Family Violence, Grief/Loss, Anxiety/depression, complex trauma and childhood adversity. In her free time, she relishes yoga, writing and reading. She is a mother of two.

Book a consultation with Jaya via this link <https://www.jaya-narayan.com/bookings/>

Vanessa Hutchinson is an artist, teacher and competition reverse parker. When she's not making art in her studio or teaching people how to speak very gooder English she's developing her psychodrama/adventurer role. She presents psychodrama sessions at the MPS 'Theatre of Spontaneity'. She is a Psychodrama Associate-Director and committee member of MPS. Her work includes supervising psychodrama papers and companioning overseas trainees in their development as psychodramatists.

Contact Vanessa: creationmyth@gmail.com or 0438 316 788

Hans Wilgenburg is a Psychodramatist with the Australian and Aotearoa Board of Psychodrama (ABP) and a Counsellor with the Australian Counselling Association (ACA). He is on the committee of the Moreno Psychodrama Society (MPS). Hans is a parent of his son adopted from India who has an intellectual disability. He is a swimming coach with the Australian Swimming Coach and Teachers Association (ASCTA), and has been a swim coach with Special Olympics (Melbourne West) for over 5 years. Hans is based in Metung, Victoria 3904, and he works online.

For information regarding workshops and counselling contact Hans:

hans@livingcolourstudio.com.au or 0431 183 961

Karyn Down is an Associate-Director of Psychodrama (ABP). She works as a counsellor, art therapist and supervisor from her business 'Creative Counselling Connections' in West Brunswick. She works with individuals and couples using a Person-Centred approach, focusing on role relationships and development. Karyn runs creative *self-exploratory groups* and workshops including women's groups that focus on the power of story and myth. She uses a range of modalities including visual arts and action methods. Karyn worked within the community sector for over 30 years within the areas of homelessness, mental health, addiction and family violence.

Contact Karyn: 0450 102 033

Gavin O'Loughlin is a Psychodramatist (ABP) and Yoga teacher. He is a member of the Australian Association of Social Workers and has worked in Youth Justice, Child Protection, Disability Employment and in Land Use Planning. He has a strong environmental interest and concern and the same regarding democracy. Recreational interests are sailing, sculpture, drawing and others. He offers sessions introducing the Psychodrama method and personal development groups incorporating some understandings from Yoga.

Feel free to chat with Gavin: 0403 597 685 or email him: erwin1@iinet.net.au

Kazumi Nagayama is a Psychodrama Associate-Director with the Psychodrama Institute of Melbourne, and a Clinical Psychologist and Certified Public Psychologist in Japan. She works as a school counsellor in public schools in Hokkaido, Japan. She works with children, their parents and teachers. She uses a solution-focus-approach and action methods in her individual counselling sessions. She is also registered for online counselling service in Japan. She works in English and Japanese.

e-mail: sunameri1350@yahoo.co.jp

Bob Cummings is a Psychodramatist (ABP) living in the Beautiful Yarra Valley Town of Yarra Glen. Bob is a retired community development worker. He facilitates OMNI (Older men new ideas), a group for men aged 50 and over, meeting in an informal social setting to share their knowledge and experiences in a safe and caring environment. We are about enhancing the health and well-being of older men, discussions are lively and laughter is loud. The group meets on the first Monday of each month (except January) at the living and learning Centre in Yarra Glen at 10am to 12.30pm. Cost is \$5 per session and includes morning tea.

Contact Bob for details for this event, and other events with Linda Harrington: 0429 577 477

Yelena Ashlapova is a registered and certified Psychodramatist with the Australian and Aotearoa (New Zealand) Board of Psychodrama. She is a committee member of Moreno Psychodrama Society. She provides space for self-expression and self reflection through the exploration of imagination. She works in community with individuals and applies the psychodrama method in her groups. She uses her own personal and professional experience in her practice providing assistance and help for people going through transformational personal development crises. Yelena specifically focuses on work that contributes to creative and spiritual development of the person, finding the way to move forward in life.

Yelena works in English and Russian. Contact Yelena on: WhatsApp 0432946722

e-mail: yelenashlapova@y7mail.com

