

PIM 2024



Training in Psychodrama
Sociometry
Role Training
Sociodrama
Role Theory
Leadership
Group Work

psychodrama-institute-melbourne.com

LIVE AND ONLINE



Welcome to the 2024 PIM Program



(Physical and Online Workshops)

The Opening of the Psychodrama Institute of Melbourne is on Monday evening, 19 February 2024 from 7.30-9.30 pm at The Living Centre, Trinity Place in East Melbourne.

For those enrolled in our training courses, who are living in other cities in Australia and Overseas, there is an Online Open Night on Tuesday, 20 February from 7.30-9.30pm (AEDT). All PIM trainees, practitioners and guests are invited to come to this event. Open Night Fee: \$20.00 (Trainees free).



The **2024 PIM Program** includes ongoing psychodrama training courses and workshops held over 4 terms and an annual 4-Day International Psychodrama Intensive, 11-14 October 2024 (see pages 3, 4 & 6). Our physical venue is The Living Centre in East Melbourne. Online sessions are held in the Zoom Room. Working online enables us to continue our psychodrama training globally giving all trainees and participants the opportunity for a very rich cultural experience.

In addition, we offer a range of groups, such as lunchtime reading groups, personal and professional development groups, supervision groups, case study courses and open workshops (pp. 5, 6, 7 & 9).

We are continuing to learn, train and create in the 'here and now', for the ongoing development of our spontaneity and creativity.

The 2024 training program is designed to include the essentials of psychodrama theory and practice and its practice in any culture or setting. Knowledge and application of Morenian systems theory (sociometry), role theory, surplus reality, psychodramatic techniques, sociodrama and role training are covered. The experiential method interwoven with theoretical knowledge is at the core of the program. This method involves trainees actively experiencing the emotional and sensory impact associated with participation and involvement in a situation, while experiencing full intellectual functioning. Role analysis and group interaction are all part of the learning process. While psychodrama techniques and role theory are integral to the training process other creative methods are also used.

To encourage a full experience of the method, some training groups are Open Groups. This structure exposes new and advanced trainees to a rich experience of the method including learning about group dynamics and processes, making the training very lively. Trainees are taught directing, role analysis, group leadership and auxiliary skills through coaching and supervised practice. Trainees who apply their learning in their workplaces require regular supervision and each trainee's unique expression is encouraged. This process of training equips trainees in the greater application and integration of the psychodramatic method in their work and life as well as the development of the skill and confidence to conduct different types of group sessions with a wide range of people.

Faculty members in 2024 include Sue Daniel, Lethe Gaskin, Katrina Gaskin, Dafina Bytyqi, Jun Maeda and Helen Fryer (see page 8). Further significant information about our institute can be found on pages 9-11 in this program, where you will find the outline of the general program including its structure, content, guidelines, philosophy and methodology.

For all enquiries, contact the Director of PIM, Sue Daniel on 0417 586 791 or the PIM Administrator, Ted Bugarski on 0410 536 791 or pim@netspace.net.au



Thursday Evening Training Group

The venue is The Living Centre, 16 Trinity Place, East Melbourne.

Monday Evening, 19 February, 7.30-9.30pm is the PIM Open Night for all trainees, practitioners and guests.

TERM 1

Weekend Workshop: Saturday & Sunday, 10 & 11 February 2024

PIM Open Night, Monday, 19 February

4 Thursday Evenings, 22 & 29 February and 7 & 14 March

Term 1 commences with an Open weekend workshop 'Living Today' on Saturday & Sunday, 10 & 11 February, 10.00am–5.30pm. Optional and free is Jun Maeda's Session, Sunday, 11 Feb., 6.30-8.30pm (p.5). Monday Evening, 19 February from 7.30-9.30pm, is the Opening Night of the Institute.

The term then continues for 4 Thursday Evenings; 22 Feb & 29 Feb and 7 & 14 March from 7.00-9.30pm.

Fee: \$575.00 (inc GST)

Optional: Thursday Evening group members are invited to freely attend the Opening session of the Tuesday Evening (Overseas) ONLINE group on Tuesday, 20 February from 7.30-9.30pm, plus they may attend the ONLINE Reading Groups from 12-1pm on Fridays, 23 February and 22 March.

TERM 2

Weekend Workshop: Saturday and Sunday, 11 & 12 May 2024

4 Thursday Evenings, 23 & 30 May and 6 & 13 June

Term 2 commences with an Open weekend workshop 'Creating new roles and role relationships with self and others' on Saturday and Sunday, 11 & 12 May from 10am – 5.30pm, and then continues on 4 Thursday Evenings, starting 23 & 30 May, 6 & 13 June, 7.00-9.30 pm.

Fee: \$575.00 (inc GST)

Optional: ONLINE Reading Groups are from 12-1pm on Fridays, 26 April, 24 May and 28 June.

TERM 3

2 Weekend Workshops

27 & 28 July and 31 August & 1 September 2024

Term 3 commences with an Open weekend workshop, 'Gifts from the past – A transgenerational exploration' on Saturday and Sunday, 27 & 28 July from 10am- 5.30pm, followed 5 weeks later with the 2nd weekend workshop, 'New ways of looking at groups and their respective relationships', Saturday and Sunday, 31 August & 1 September from 10am- 5.30pm.

Fee: \$575.00 (inc GST)

Optional: ONLINE Reading Groups are from 12-1pm on Fridays, 26 July, 23 August and 27 September.

4-Day International Psychodrama Intensive

'Our Precious Relationships'

In East Melbourne, 11-14 October 2024 from 10am-5.30pm each day (see details on page 6).

TERM 4

5 Thursday Evenings, 24 & 31 October and 7, 14 & 21 November 2024

PIM End of Year Session, Friday, 29 November

Term 4 commences on Thursday 24 October from 7.00-9.30 pm and continues 31 October, 7, 14 & 21 November. On Friday Evening, 29 November from 7.30-9.30pm, there is the PIM End of Year training night for all trainees, members of the Moreno Psychodrama Society and guests.

Fee: \$575.00 (inc GST)

Optional: ONLINE Reading Groups, 12-1pm on Fridays, 25 October and 22 November and also Thursday Evening group members are invited to freely attend the Tuesday Evening (Overseas) ONLINE group's End of Year Session on Tuesday, 26 November from 7.30-9.30pm.

Tuesday Evening 'Online' Training Group



Tuesday Evening, 20 February from 7.30-9.30pm (AEDT), is the PIM online Open Night for all trainees, practitioners and guests.

TERM 1

PIM Open Night, Tuesday, 20 February 2024
2 Saturdays, 24 February and 23 March
4 Tuesday Evenings from 7.30 – 9.30 pm (AEDT)

The group commences with the online Open Night, Tuesday, 20 February from 7.30-9.30pm (AEDT). Term 1 continues with an Open One-Day Training Day on Saturday 24 February from 1.30-7.30pm and finishes with the 2nd Saturday workshop on 23 March from 7.30-9.30pm. Between the Saturdays, the group continues for 4 consecutive Tuesday Evenings, beginning 27 February from 7.30-9.30pm, and continuing 5, 12 & 19 March.

Fee: \$575.00

Optional: Online Reading Groups are from 12-1pm on Fridays, 23 February and 22 March for a small donation.

TERM 2

2 Saturdays and 5 Tuesday Evenings (including 1 peer session)

The group commences with an Open One-Day workshop on Saturday 18 May from 1.30-7.30pm (AEST) and finishes with the 2nd Saturday workshop on 22 June from 1.30-7.30pm. Between the Saturdays the group continues for 5 consecutive Tuesday Evenings, beginning 21 May from 7.30-9.30pm (AEST), and continuing 28 May, 4 June, 11 June (Peer Group), and 18 June.

Fee: \$575.00

Optional: Online Reading Groups are from 12-1pm on Fridays, 26 April, 24 May and 28 June.

TERM 3

2 Saturdays and 6 Tuesday Evenings (including 2 peer sessions)

The group commences with an Open One-Day workshop on Saturday 20 July from 1.30-7.30pm (AEST) and finishes with the 2nd Saturday workshop on 7 September (same time). Between the Saturdays the group continuing for 6 consecutive Tuesday Evenings, beginning 23 & 30 July from 7.30-9.30pm (AEST), (continuing on 6 & 13 August with 2 Peer Groups), and 20 & 27 August.

Fee: \$575.00

Optional: Online Reading Groups are from 12-1pm on Fridays, 26 July, 23 August and 27 September.

4-Day International Psychodrama Intensive 'Our Precious Relationships'

In East Melbourne, 11-14 October 2024 from 10am-5.30pm each day
(Fees and other details are on page 6)

TERM 4

2 Saturdays, 26 October and 23 November
4 Tuesday Evenings from 7.30-9.30pm (AEDT)
PIM online End of Year Session, Tuesday, 26 November 2024

Beginning Tuesday, 22 October from 7.30-9.30pm, and continuing on Saturday, 26 October from 1.30-7.30pm, then Tuesday evenings, 29 Oct, (no session 5 Nov.), 12 & 19 November, followed by Saturday, 23 November from 1.30-7.30pm. On Tuesday evening, 26 Nov. from 7.30-9.30pm (AEDT) there is the PIM End of Year online Training session for all trainees, practitioners and guests.

Fee: \$575.00

Optional: ONLINE Reading Groups are from 12-1pm on Fridays, 25 October and 22 November.

Open Weekend Workshops



'Living Today'

Saturday and Sunday, 10 & 11 February 2024 from 10.00am-5.30pm.

Director: Sue Daniel

This 2-day psychodrama training workshop is designed for those making changes in their lives or who simply just want to be able to live in 'the moment'; to be in the 'here and now' rather than dwelling on past, present or future events. Participants can expect to have new experiences, gain new perspectives and learn about sociometry and its application in one-to-one situations and groups. This workshop will also suit a range of practitioners interested in psychodrama.

Fee: \$395.00 (MPS members \$350.00) Deposit of \$50.00 or full payment due on 1 February 2024.

Open Workshop – 2 Hours

Sunday, 11 February from 6.30-8.30pm.

Director: Jun Maeda (Japan) will conduct an Open Night using a sociodramatic approach.

Fee: \$25.00 (\$20.00 MPS members) payable at the door. A little supper is included.

RSVP: 0410 536 791

Through the Mirror

Saturday and Sunday, 11 & 12 May 2024 from 10.00am-5.30pm.

Director: Sue Daniel

Participants can expect to learn about role theory, role training and further techniques of psychodrama that have relevance in their work and life.

Fee: \$395.00 (MPS members \$350.00) Deposit of \$50.00 or full payment due on 1 May 2024.

Gifts from the Past

Saturday and Sunday, 27 & 28 July 2024 from 10.00am-5.30pm.

Director: Sue Daniel

The focus of this 2-day transgenerational workshop is on our families, our ancestors, and what influence they have had on how we are today. New perspectives can be gained through sociometry and psychodrama. Bring along some blank paper, coloured pens or pencils, and some lunch to share at the table.

Fee: \$395.00 (MPS members \$350.00) Deposit of \$50.00 or full payment due on 1 July 2024.

Group Relationships

Saturday and Sunday, 31 August & 1 September 2024 from 10.00am-5.30pm

Director: Sue Daniel

Participants can expect to learn ways of working with challenging dynamics and painful situations in a safe and positive environment through sociodrama and a variety of psychodramatic techniques.

Fee: \$395.00 (MPS members \$350.00) Deposit of \$50.00 or full payment due on 1 August 2024.

The above open workshops are being held at The Living Centre in East Melbourne. They are part of the ongoing training program for PIM trainees (p.3) and to others interested in psychodrama.



4-Day International Psychodrama Intensive: 'Our Precious Relationships'

Melbourne, Australia

11-14 October 2024 from 10am-5.30pm each day

Director: Sue Daniel

As humans we are born into a group. Without our groups we would not survive. We learn about the world and each other through our connections and interactions with others. These relationships change over time, people come and go. Who has shaped us, who is significant in our life and do we value them?

In this 4-Day experiential workshop, we will have the opportunity to meet in true psychodramatic encounters. Participants can expect to explore their significant relationships, find ways of enhancing their connections with each other, or identify any obstacles that prevent them from achieving the kind of relationships they want in their work and life.

Methods include sociometry, sociodrama, role training and psychodrama. There are 8 x 3-hour sessions over the four days, with breaks for refreshments and lunch each day. All sessions need to be attended for a full learning experience.

The workshop is open to practitioners, trainees, group leaders and trainers across a range of disciplines, including the health and education fields.

Our venue is The Living Centre, 16 Trinity Place, East Melbourne. It is very close to the Fitzroy Gardens, where participants may walk or rest and enjoy the nature. There are a variety of eating places close to the venue including a café in the middle of the Gardens.



Dates: Friday – Monday, 11-14 October from 10am – 5.30pm.

Fees: \$675.00 (MPS members \$575.00, PIM Trainees \$475.00)

(A deposit of \$50.00 is required on application with the balance due and payable by 1 October.)

All enquiries to the PIM Administrator, Ted Bugarski:

0410 536 791,

pim@netspace.net.au

Additional Ongoing Events



Personal and Professional Development Group (online)

1st Friday morning of the month from 10am-1pm (3 hours) (NZ:12-3pm).

Director: Lethe Gaskin

This monthly 3 hour online Open Group begins in March and concludes in November. Participants may expect to learn about Psychodrama, while also having the chance to process aspects of their Personal and Professional lives in a group setting.

Beginning 1 March 2024, continuing 5 Apr, 3 May, 7 Jun, 5 Jul, 2 Aug, 6 Sept, 4 Oct & 1 Nov.

Fee: \$80.00 per session (payable on the day to PIM)

Enquiries: lethegaskin@hotmail.com

Friday Morning Monthly Supervision Group (9 sessions online)

2nd Friday of the month beginning 9 February 2024 from 10-12pm (2 Hrs), with Helen Fryer.

This ongoing supervision group is for psychodrama trainees and practitioners looking to fine tune their skills in the application of sociometry and psychodrama by bringing forward situations in their work or life, with their clients or groups.

Dates: 9 February, 8 Mar, 12 Apr, 10 May, 14 Jun, 12 Jul, 9 Aug, 13 Sep, (no Oct.) and 8 Nov.

Fees: \$50.00 (Trainees) Practitioners (\$60.00) per session and payable on the day to PIM.

Psychodrama Lunchtime Reading Group (online)

4th Friday of the month beginning Friday 23 February from 12-1 pm, and hosted by Katrina Gaskin. Each month a moderator presents something from books, articles or podcasts about psychodrama.

Dates: 23/2, 22/3, 26/4, 24/5, 28/6, 26/7, 23/8, 27/9, 25/10 & 22/11.

Donation: \$10.00 (payable to PIM) - proceeds go to building the online resources.

Enquiries: Contact Katrina on 0455 254 801 or Ted on 0410 536 791.

Peer Practitioner Group (online)

2nd Monday afternoon of the month from 1.30-3.30pm (2 hours).

Starting 12 Feb, then 11 Mar, 8 Apr, 13 May, 10 Jun, 8 Jul, 12 Aug, 9 Sep, (no Oct.) and 11 Nov.

Hosted by Helen Fryer (helenfryer01@gmail.com)

Onscreen: Explorations through Psychodrama (online)

A monthly online psychodrama group on Monday nights, February - December from 7.30-9.30pm.

Maximum number in group: 9

Enquiries: Sue Daniel, 0417 586 791 or pim@netspace.net.au

PIM Trainer Development Workshops (online)

Led by Sue Daniel

Dates: 4 Wednesdays, 2.00-4.00pm on 13 March, 12 June, 7 August and 13 November 2024.



Using a psychodramatic approach to Case Studies (online & physical groups)

These two courses are conducted over 4 consecutive weeks in May by Sue Daniel.

The online group is on Wednesday evenings, 8, 15, 22 & 29 May from 8-9.30pm (AEST), and the physical group is in South Yarra on Tuesday afternoons, 7, 14, 21 & 28 May from 4.30-6pm. These events will suit those in private practice or who are conducting groups.

Course Fee: \$200.00 (Maximum number in group: 3-4 people {1-1} and 4-6 people online).

Enquiries: Contact Sue by text on 0417 586 791 or pim@netspace.net.au

PIM Faculty



Sue Daniel is the Director of the Psychodrama Institute of Melbourne (PIM). She is an international Trainer, Educator and Practitioner of Psychodrama (TEP), who teaches in universities, hospitals and institutes worldwide, and a psychologist and psychotherapist in private practice in Melbourne. Sue is the founder of PIM, the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (AABP). She practices Hatha Yoga and enjoys photography, reading, baking and nature.

Lethe Gaskin is a Psychodramatist (TEP), psychologist and group psychotherapist working in private practice in Australia and New Zealand (Aotearoa). She is a founding member and current Chairperson of the Australian and Aotearoa Board of Psychodrama (AABP). Lethe has been actively involved in the life of the Moreno Psychodrama Society since its inception and is a member of the current committee.



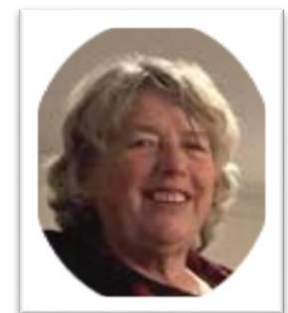
Katrina Gaskin is a Psychodramatist (TEP), counsellor and supervisor working in private practice. She is a founding member of the Moreno Psychodrama Society (MPS) and the Australian and Aotearoa Board of Psychodrama (AABP).

Dafina Bytyqi is a Psychodramatist (AABP) and a Counsellor, majoring in Child Development and Effective Parenting. She has been living and working in Australia for over 11 years. Dafina is Albanian by nationality and has lived in many European countries. She is a long-standing member of MPS, and a Consulting Editor for the Moreno Psychodrama Society's e-Journal 'The Mirror'. She loves long walks in nature, especially in Autumn.



Jun Maeda is a Psychodramatist (TEP, AABP), clinical psychologist and professor of Psychology at the Muroran Institute of Technology. He is a pioneering member of the Sapporo Psychodrama Group (1986-now). Jun is a member of the Australian and Aotearoa Board of Psychodrama (AABP), the Japan Psychodrama Association (JPA) and the International Association of Group Psychotherapy and Group Processes. He is the LOC Chairman for the 2025 IAGP Congress, 20-23 August in Hokkaido.

Helen Fryer is an accredited psychodramatist and psychotherapist, living and working from her home in Hobart, and looking over Kunanyi (Mt Wellington) and the ever-changing River Derwent. Here, she co-facilitates a creative art therapy program, 'Awakening the Heart', and practices Jungian sand play therapy. Helen is an individual and group supervisor with PIM. Besides playing the piano, she loves African dancing and singing.



The Psychodrama Institute of Melbourne

The Psychodrama Institute of Melbourne (PIM) provides training, supervision, and professional & personal development courses in psychodrama, sociometry, sociodrama, role theory, role training and groupwork, and the application of these in areas of leadership, psychotherapy, counselling, education, health, the Arts, staff development and organisational consultancy.

The institute has at its core the sociometric principles of the founder of psychodrama, Dr. J. L. Moreno (1889-1974) and Zerka T. Moreno (1917-2016), with its focus on two-way relationships and living in the 'here and now'. The Director of PIM is Sue Daniel.

The Training Program in 2024: The aim of all training is to develop theoretical knowledge and practical ability in the methods of psychodrama, sociometry, sociodrama, role theory, role training and group work through informal mini-lectures, individual supervision, reading, writing and supervised practice in groups.

The program is designed to meet the needs of the trainees as they develop. In 2024 the program will largely be physical with face-to-face groups, and online training especially designed for those living in other cities and countries. There are ongoing weekly training groups, weekend and 4-Day workshops and personal and professional development courses. Supervision is by arrangement. All trainees are required to be in one-to-one supervision if they are applying psychodrama in their workplaces. This is a supportive measure for both the trainee and their respective clients and organisations.

The PIM training program is suitable for people working or studying in such fields as psychology, psychiatry, psychotherapy, social work, education, welfare, the arts, health, counselling, organisational development and pastoral care.

Training Activities: Training begins with an Open Training Group on Thursday nights (1 year), followed by Advanced Training in Psychodrama (a further 4 years). The yearly training is held over 4 terms and includes weekend workshops, night or day groups, writing and supervised practice, and a 4-Day International Intensive in October. There is also a similar online training program.

Trainees are encouraged to apply their new learning between terms as this contributes richly to their growth. We expect trainees to be able to value their learning, recognise their growing edges and to have the necessary resources for groupwork. Supervision is a requirement for our advanced trainees and additional fees apply. Our events and workshops are open to trainees, practitioners, and those interested in the diverse applications of the psychodrama method.

Supervision, Case Study and Personal & Professional Development Groups: These groups, either new or reformed in 2024, are led by our trainers (see page 7). The online small group supervision sessions are for trainees enrolled in ongoing training, and practitioners, to assist them to focus specifically on the application of psychodrama and sociometry in their work. The monthly personal and professional group is online on Friday mornings. The two case study courses are online and open to those unable to travel, or, live (physical group) in South Yarra (see p. 7).

Other Services: We offer counselling, one-to-one psychotherapy, couple and family therapy and consultancy in business, corporate, community and educational institutions.

For all enquiries contact our Administrator, Ted Bugarski, by email or text:

E: pim@netspace.net.au

M: (+61) 0410 536 791

Description of Curricula

The 2024 training program is designed to include the essentials of psychodrama theory and practice and its practice in any culture or setting. Knowledge and application of Morenian systems theory (sociometry), role theory, psychodramatic techniques, sociodrama and role training are covered.

To encourage a full experience of the method, our training may be held in open groups. This structure exposes new and advanced trainees to a rich experience of the method including learning about group dynamics and processes, making the training very lively. Trainees are taught directing, role analysis, group leadership and auxiliary skills through coaching and supervised practice. Trainees who apply their learning in their workplaces require regular supervision and each trainee's unique expression is encouraged. This process of training equips trainees in the greater application and integration of the psychodramatic method in their work and life as well as the development of the skill and confidence to conduct different types of group sessions with a wide range of people.

Creativity and spontaneity are at the heart of the psychodrama process. It is expected that trainees will attend all sessions of their training group and some additional workshops and events (pp.5-7).

There is some written work but no exams. At the end of the first year, a reflection piece is invited. After two years of training most trainees will have completed a paper on the practical application of psychodrama, or a social and cultural atom paper. Trainees may also have started to prepare their major paper, journal article, projects or thesis, on a specific interest or an application of the method.

The ability to work spontaneously and be open to ongoing learning and development is a significant factor in becoming a psychodramatist. Every trainee must have conducted a group and be in regular ongoing one-to-one supervision to adequately complete their training.

Membership of the Moreno Psychodrama Society (MPS) is necessary for advanced trainees and practitioners and we welcome new trainees. MPS is a community of like-minded people and a major source of connection and networking. The MPS e-Journal 'The Mirror' is a major source for reading about psychodrama and role theory and is included in the yearly subscription to MPS (see p.12).

Practicum for Psychodrama Directorship

Trainees who have completed their writing or projects, and have a minimum of 800 training hours, (100 of which comprise supervision hours), may, after consultation with their trainer, supervisor and peers, apply in writing to the Australian and Aotearoa (New Zealand) Board of Psychodrama (AABP) to do their psychodrama practicum.

Individual and Group Supervision

Sessions for individuals, couples, children and families are by appointment. See page 7 for Helen Fryer's Supervision Group, held on the 2nd Friday of every month, beginning 9 February.

Contact the office (0410 536 791) for information.

Personal and Professional Development Groups

These psychodrama groups are open for anyone who wishes to explore and enter into new and vital ways of living. Please see this program (p.7). Lethe Gaskin is conducting a monthly *online* Personal and Professional group on Friday mornings, beginning 1 March, and Sue Daniel is conducting 4 Weekend Workshops beginning with 'Living Today', on Saturday and Sunday, 10 & 11 February at The Living Centre in East Melbourne (p.7).

Individual Psychotherapy and Counselling

Sessions for individuals, couples, children and families are by appointment. Contact the office (0410 536 791) for information.

Other Training Information

Qualification for Admission

Applicants are not required to have previous experience in psychodrama, but must have other relevant training, for example, a graduate degree or the equivalent and have the resources and roles to commit themselves to the group training program and its requirements. Although many trainees go on to certification as a psychodramatist, some may enrol to enlarge their armamentarium of intervention, to learn more about action and group methods. Interviews are essential for new applicants, trainees resuming training, those transferring from other institutes, and those living and working overseas.

What is Psychodrama?

Psychodrama is the study of human beings in relationship to and with their environment. It is also an interpersonal, experiential practice, with an underlying philosophy of creativity and spontaneity, and the 'here and now'. As a discipline, it sits alongside psychology, sociology and anthropology. Its theoretical base is role theory, the spontaneity theory of child development and a general spontaneity theory. Branches of Psychodrama include sociometry, sociodrama, role training and sociatry.

Assessment and Accreditation

PIM is an accredited training institute with the Australian and Aotearoa (New Zealand) Board of Psychodrama (AABP). The training events are assessed within the institute. On completion of one year of training, a person might achieve the certificate of Auxiliary-Ego. An Advanced Level of training and supervision follows and training is usually held over an additional 4 years. On completion of a written paper a trainee is eligible to apply to become a Psychodrama Associate-Director. After the 5th year of training a person may apply to conduct their Practicum to complete the journey to become a Psychodramatist, after a discussion with their trainer, group of peers, and the director of PIM. Practicums are normally held in November and require 3 – 6 months notification.

To fully complete their training, a minimum of 800 hours is required, comprising 700 hours of ongoing training, 100 hours of supervision, and two papers or a project or thesis. The trainee must also have run a group under supervision. On completion of the practicum, a trainee becomes an accredited Psychodrama Director, and may call themselves a Psychodramatist. As a full member of MPS they become a registered Psychodramatist, certified by the AABP. Extra fees apply for supervision, assessments of papers, and the practicum.

Applications and Fees

Applications for each event are to be made to PIM. Payment of fees are by bank transfer or credit card. Training fees are inclusive of and attract GST in Australia. Our fees are in Australian Dollars. They have been kept to a minimum, so we would appreciate that you realise that they are non-refundable. Trainees will receive letters of confirmation of their enrolment early in February.

The PIM Library

At the present time material is open to trainees and members of MPS through an online Drop Box system. Please contact the Administrator for admission to this resource. The PIM library has a rich source of e-Journal articles, theses, DVD's and podcasts illustrating the wide application of the Morenian psychodrama method. New in 2024 are The Psychodrama Podcasts.

The Moreno Psychodrama Society

All advanced trainees are required to be members of MPS. They can enjoy the community of practitioners, trainees and friends of psychodrama, likeminded people, with similar aspirations as themselves. Membership of MPS includes entry into the online bi-annual e-Journal, 'The Mirror'.

Psychodrama Institute of Melbourne

<https://psychodrama-institute-melbourne.com>

E: pim@netspace.net.au

M: 0410 536 791

The Moreno Psychodrama Society

MPS is a body of people working together to bring psychodrama into many areas of our world. It stands for, and promotes the development of two-way relationships, and a community spirit through the unique expression of the members. The group has the power to heal and together we can do many things. Being in the moment, living in the 'here and now' and by working with 'what is', brings about development in our relationships, connection and greater spontaneity.

MPS is one entity in a psychodrama tripartite system made up of the Board, Training Institutes and the Society. It is the registration body for our practitioners and TEPs, who are accredited with the Australian and Aotearoa (New Zealand) Board of Psychodrama (AABP), and our accredited training institutes; the Psychodrama Institute of Melbourne (PIM), the Psychodrama Institute of Aotearoa (PiA), and Psychodrama in India (Pil).

Benefits of Membership

- * Belonging to a Living Thriving Community
- * The 'Psychodrama Blog'
- * Lunchtime Reading Groups at PIM
- * E-journal 'The Mirror' published twice a year
- * Access to the Zerka T. Moreno Library
- * Reduced rates into events
- * Networking with like-minded peers and colleagues
- * Contribution to the creation of new ideas and developments
- * Access to the 'PIM Psychodrama Podcasts'
- * Professional registration body for psychodrama trainers and practitioners.

Enquiries:

E: MorenoSociety@netspace.net.au

www.moreno-psychodrama-society.com



The Australian and Aotearoa Board of Psychodrama

The Board (AABP) consists of the Executive: Lethe Gaskin (Chairperson), Sue Daniel (Founder) and Katrina Gaskin. Ordinary members include Jun Maeda (TEP) and Meenakshi Kirtane (TEPiT).

The Board is responsible for the accreditation and certification of psychodramatists and psychodrama institutes. Certified psychodramatists are expected to maintain their registration as accredited practitioners through membership of the MPS and keep up with professional development for the benefit of themselves, their community and clients. Since 2001, AABP have accredited over 55 Psychodramatists.

Three training Institutes are accredited by the Board; the Psychodrama Institute of Melbourne (PIM), the Psychodrama Institute of Aotearoa (PiA) and Psychodrama in India (Pil).

Mailing Address: The Chairperson, AABP, P.O Box 371, East Melbourne, Victoria 8002